

GENOVA DIAGNOSTICS

Directory of Laboratory Testing Services



2015 Edition

About Genova Diagnostics

Headquartered in Asheville, N.C., Genova Diagnostics is a global specialty clinical laboratory, pioneering a systems approach that supports healthcare providers in the personalized treatment and prevention of chronic disease.

Chronic diseases are often complex and Genova's system-based testing helps physicians develop targeted treatments for their patients. Easy-to-read color graphic reports synthesize test results into actionable information and facilitate physician-patient communication. The internationally renowned lab is committed to the highest standards and has a team of medical experts who provide consultation to healthcare professionals, as well as a robust array of educational resources, ensuring that physicians order the right tests for their patients.

Please visit www.gdx.net for the most up-to-date information and additional resources.

KEY

- * Not available in New York
- ~ Not reimbursable by Medicare
- ‡ ABN required
- ° Not available in Ohio
- TAT Turn-around time

Test Components are not offered separately

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GASTROINTESTINAL IMMUNOLOGY

GASTROINTESTINAL/IMMUNOLOGY TESTING

2200 GI Effects® Comprehensive Profile*

Description:

GI Effects® Stool Analysis Profiles identifies 24 commensal bacteria targets using DNA (PCR) technology. Culture based technology is used for assessment of bacteria and yeast. Markers of digestion, inflammation and absorption are also included. Parasitology is done by microscopic exam and EIA. Pathogens (*C. difficile*, *H. pylori*, Shiga toxin *E. coli*, and *Campylobacter* spp.) are available as EIA add-ons.

Specimen Type:

Stool

TAT:

17 days

Method:

GC/MS, DNA analysis, Automated Chemistry, EIA, Microscopy

Biomarkers Reported:

See Page 22 - 23

Add-on Profiles

See Page 18 - 21

*Not currently available in New York

GI_{fx} GI Effects Stool Profiles® Comprehensive Profile

CPTs

| Description | CPT # |
|-----------------------------------------------------|--------------------|
| DNA NOS Amplified Probe Assay Test for Blood, Fecal | 87798 x24 82274 |
| Col-Chr/MS Quan 1 Stationary & Mobile Phases NES | 82542 |
| Secretory IgA | 82784 |
| Long Chain Fatty Acids | 82725 |
| Cholesterol Stool/Phospholipids & Triglycerides | 82715 x3 |
| Pancreatic Elastase | 82656 |
| Parasitology Identification, Concentrate | 87177 |
| Parasitology Identification, Trichrome Stain | 87209 |
| Cryptosporidium, EIA | 87328 |
| Entamoeba histolytica, EIA | 87336 |
| Giardia lamblia, EIA | 87329 |
| Calprotectin | 83993 |
| Eosinophil Protein X (EPX) | 83520 |
| Bacteriology, Aerobic | 87045 |
| Bacteriology, Aerobic | 87046 x3 |
| B-Glucuronidase | 84311 |
| Bacteriology, Anaerobic | 87075 |
| Yeast Culture | 87102 |

2205 GI Effects® Microbial Ecology Profile*

Description:

GI Effects™ Stool Analysis Profiles use DNA analysis to identify commensal bacteria plus yeast and fungi. Parasitology is done by microscopic exam and EIA. Pathogens (*C. difficile*, *H. pylori*, Shiga toxin *E. coli*, and *Campylobacter* spp.) are available as EIA add-ons.

Specimen Type:

Stool

TAT:

17 days

Method:

DNA analysis, EIA, Microscopy

Biomarkers Reported:

See Page 22 - 23

Add-on Profiles

See Page 18 - 21

GI_{fx} GI Effects Stool Profiles® Microbiology Profile

CPTs

| Description | CPT # |
|------------------------------------------------------------------|---------------------|
| DNA NOS Amplified Probe Parasitology Identification, Concentrate | 87798 x 24 87177 |
| Parasitology Identification, Trichrome Stain | 87209 |
| Cryptosporidium, EIA | 87328 |
| Entamoeba histolytica, EIA | 87336 |
| Giardia lamblia, EIA | 87329 |
| Bacteriology, Aerobic | 87045 |
| Bacteriology, Aerobic | 87046 x 3 |
| Bacteriology, Anaerobic | 87075 |
| Yeast Culture | 87102 |

*Not currently available in New York

CDSA 2.0™

Description:

Evaluates digestion, absorption, inflammation, gut flora, and the colonic environment. This profile is indicated for all chronic GI problems, for acute bowel pattern changes, and for many systemic diseases and provides a sensitivity panel for treating pathogenic flora.

Comprehensive noninvasive risk assessment for differential diagnosis between inflammatory bowel disease and irritable bowel syndrome, reliable assessment of exocrine pancreatic function.

Specimen Type:

Stool

TAT:

14 days

Method:

Standard Bacteriology Culture MALDI-TOF, Automated Biochemical ID, Enzymatic, GC-MS, EIA, Microscopic, GC-FID, Standard Mycology Culture, ISE

Biomarkers Reported:

See Page 22 - 23

Add-on Profiles

See Page 18 - 21



CPTs

| Description | CPT # |
|--------------------------------|---------|
| Beta-Glucuronidase* | 84311 |
| pH, Stool | 83986 |
| Short Chain Fatty Acids, Stool | 82492 |
| Bacteriology, Aerobic | 87045 |
| Bacteriology, Aerobic | 87046x3 |
| Bacteriology, Anaerobic | 87075 |
| Yeast Culture | 87102 |
| Bile Acids | 82239 |
| Pancreatic Elastase | 82656 |
| Calprotectin | 83993 |
| Eosinophil Protein X | 83520 |

*Not Available in New York

CDSA/P 2.0™

Description:

Evaluates digestion, absorption, inflammation, gut flora, and the colonic environment, and evaluates for parasites using microscopic examination and EIA testing. The profile is indicated for all chronic GI problems, for acute bowel pattern changes, and for many systemic diseases and provides a sensitivity panel for treating pathogenic flora.

Comprehensive noninvasive risk assessment for differential diagnosis between inflammatory bowel disease and irritable bowel syndrome, reliable assessment of exocrine pancreatic function.

Specimen Type:

Stool

TAT:

14 days

Method:

Standard Bacteriology Culture MALDI-TOF, Automated Biochemical ID, Enzymatic, GC-MS, EIA, Microscopic, GC-FID, Standard Mycology Culture, ISE

Biomarkers Reported:

See Page 22 - 23

Add-on Profiles

See Page 18 - 21



WITH PARASITOLOGY

CPTs

| Description | CPT # |
|----------------------------------------------|---------|
| Beta-Glucuronidase* | 84311 |
| pH, Stool | 83986 |
| Short Chain Fatty Acids, Stool | 82492 |
| Bacteriology, Aerobic | 87045 |
| Bacteriology, Aerobic x 3 | 87046x3 |
| Bacteriology, Anaerobic | 87075 |
| Yeast Culture | 87102 |
| Bile Acids | 82239 |
| Pancreatic Elastase | 82656 |
| Calprotectin | 83993 |
| Eosinophil Protein X | 83520 |
| Parasitology Identification, Concentrate | 87177 |
| Parasitology Identification, Trichrome Stain | 87209 |
| Giardia lamblia EIA | 87329 |
| Cryptosporidium EIA | 87328 |
| Entamoeba histolytica EIA | 87336 |

CDSA™ (Comprehensive Digestive Stool Analysis) w/o Parasitology

Description:

Evaluates digestion and absorption, bacterial balance and metabolism, yeast and immune status. For patients with irritable bowel syndrome, indigestion, malabsorption, and other GI-related problems.

Stool exam for triglycerides, chymotrypsin, putrefactive SCFAs, meat and vegetable fibers, long chain fatty acids, cholesterol, total fecal fat, total short chain fatty acids, n-butyrate, short chain fatty acid distribution, beta glucuronidase, pH, bacterial and yeast cultures, and sensitivities as appropriate.

Specimen Type:

Stool

TAT:

14 days

Method:

Standard Bacteriology Culture MALDI-TOF, Automated Biochemical ID, Enzymatic, GC-FID, Standard Mycology Culture, ISE

Biomarkers Reported:

See Page 22 - 23

Add-on Profiles

See Page 18 - 21

CDSA™

CPTs

| Description | CPT # |
|--------------------------------|---------|
| Phospholipids | 82715 |
| Triglycerides, Stool | 82715 |
| Chymotrypsin, Stool | 84311 |
| Meat Fibers | 89160 |
| Long Chain Fatty Acids, Stool | 82725 |
| Cholesterol, Stool | 82715 |
| Beta-Glucuronidase | 84311 |
| pH, Stool | 83986 |
| Short Chain Fatty Acids, Stool | 82492 |
| Fecal Lactoferrin | 83630 |
| Occult Blood | 82274 |
| Yeast Culture | 87102 |
| Bacteriology, Aerobic | 87045 |
| Bacteriology, Aerobic x 3 | 87046x3 |
| Bacteriology, Anaerobic | 87075 |

CDSA/P™ (Comprehensive Digestive Stool Analysis/Parasitology)

Description:

Evaluates digestion, absorption, gut flora, and the colonic environment, and evaluates for parasites using microscopic examination and EIA testing. The profile is indicated for all chronic GI problems, for acute bowel pattern changes, and for many systemic diseases and provides a sensitivity panel for treating pathogenic flora.

Stool exam for triglycerides, chymotrypsin, putrefactive SCFAs, meat and vegetable fibers, long chain fatty acids, cholesterol, total fecal fat, total short chain fatty acids, n-butyrate, short chain fatty acid distribution, beta glucuronidase, pH, bacterial and yeast cultures, sensitivities as appropriate, microscopic parasite exam, EIA for E. histolytica, Giardia, and Cryptosporidium.

Specimen Type:

Stool

TAT:

14 days

Method:

Standard Bacteriology Culture MALDI-TOF, Automated Biochemical ID, Enzymatic, GC-MS, EIA, Microscopic, GC-FID, Standard Mycology Culture, ISE

Biomarkers Reported:

See Page 22 - 23

Add-on Profiles

See Page 18 - 21

CDSA™

WITH PARASITOLOGY

CPTs

| Description | CPT # |
|----------------------------------------------|---------|
| Phospholipids | 82715 |
| Triglycerides, Stool | 82715 |
| Chymotrypsin, Stool | 84311 |
| Meat Fibers | 89160 |
| Long Chain Fatty Acids, Stool | 82725 |
| Cholesterol, Stool | 82715 |
| Beta-Glucuronidase | 84311 |
| pH, Stool | 83986 |
| Short Chain Fatty Acids, Stool | 82492 |
| Fecal Lactoferrin | 83630 |
| Occult Blood | 82274 |
| Yeast Culture | 87102 |
| Bacteriology, Aerobic | 87045 |
| Bacteriology, Aerobic x 3 | 87046x3 |
| Bacteriology, Anaerobic | 87075 |
| Parasitology Identification, Concentrate | 87177 |
| Parasitology Identification, Trichrome Stain | 87209 |
| Giardia lamblia EIA | 87329 |
| Cryptosporidium EIA | 87328 |
| Entamoeba histolytica EIA | 87336 |

Microbiology Analysis

Description:

Evaluates stool for levels of beneficial flora, imbalanced flora, yeast, and pathogenic bacteria. Fecal bacteria and yeast cultures, sensitivities as appropriate.

Specimen Type:

Stool

TAT:

14 days

Method:

Standard Bacteriology Culture MALDI-TOF, Automated Biochemical ID,

Biomarkers Reported:

Bacteriology Culture, aerobic

Bacteriology Culture, anaerobic

Yeast Culture

Add-on Profiles

See Page 18 - 21

Microbiology Analysis

GASTROINTESTINAL

CPTs

| Description | CPT # |
|---------------------------|-------|
| Bacteriology, Aerobic | 87045 |
| Bacteriology, Aerobic x 3 | 87046 |
| Bacteriology, Anaerobic | 87075 |
| Yeast Culture | 87102 |

Parasitology

Description:

Evaluates stool for the presence of parasites, using microscopic examination. Indicated for patients with sudden changes in bowel pattern, especially for those who have been traveling abroad or camping.

Fecal Microscopic exam, with or without EIA for *E. Histolytica*, *Giardia lamblia*, and *Cryptosporidium*.

Specimen Type:

Stool

TAT:

10 days

Method:

EIA, Microscopy

Biomarkers Reported:

Parasite Identification, Concentrate Prep

Parasite Identification, Trichrome Stain

Cryptosporidium EIA

Giardia lamblia EIA

Macroscopic worms

Add-on Profiles

See Page 18 - 21

Comprehensive Parasitology Profile (CP)

Description:

Evaluates stool for presence of parasites and levels of beneficial flora, imbalanced flora, pathogenic bacteria, and yeast. Fecal bacterial and yeast cultures, sensitivities as appropriate, microscopic parasite exam, EIA for *E. histolytica*, *Giardia* and *Cryptosporidium*.

Specimen Type:

Stool

TAT:

14 days

Method:

Standard Bacteriology Culture MALDI-TOF, Automated Biochemical ID, EIA, Microscopic, Standard Mycology Culture

Biomarkers Reported:

Microbiology

Bacteriology Culture, aerobic

Bacteriology Culture, anaerobic

Yeast Culture

Prescriptive Antibiotic Susceptibility

Natural Agent Growth Inhibitors

Parasitology

Parasite Identification, Concentrate Prep

Parasite Identification, Trichrome Stain

Cryptosporidium EIA

Entamoeba histolytica EIA

Giardia lamblia EIA

Add-on Profiles

See Page 18 - 21

Parasitology

GASTROINTESTINAL

CPTs

| Description | CPT # |
|----------------------------------------------|-------|
| Parasitology Identification, Concentrate | 87177 |
| Parasitology Identification, Trichrome Stain | 87209 |
| Cryptosporidium EIA | 87328 |
| Giardia lamblia EIA | 87329 |
| Marcoscopic Exam for Worms | 87328 |

Comprehensive Parasitology

GASTROINTESTINAL

CPTs

| Description | CPT # |
|----------------------------------------------|---------|
| Bacteriology, Aerobic | 87045 |
| Bacteriology, Aerobic | 87046x3 |
| Bacteriology, Anaerobic | 87075 |
| Parasitology Identification, Concentrate | 87177 |
| Parasitology identification, Trichrome Stain | 87209 |
| Giardia lamblia EIA | 87329 |
| Cryptosporidium EIA | 87328 |
| Entamoeba histolytica EIA | 87336 |
| Yeast Culture | 87102 |

Intestinal Permeability Assessment

Description:

Analyzes urine for the clearance of two non-metabolized sugars, lactulose and mannitol. Identifies “leaky gut” and malabsorption.

A measurement of urinary clearance of the challenge substances lactulose and mannitol, and lactulose/mannitol ratio, to assess increased intestinal permeability or malabsorption.

Specimen Type:

Urine

TAT:

7 days

Method:

Kinetic (Jaffe), Enzymatic

Biomarkers Reported:

Lactulose

Mannitol

Lactulose/Mannitol Ratio

Intestinal Permeability

GASTROINTESTINAL

CPTs

| Description | CPT # |
|----------------------|-------|
| Lactulose % Recovery | 84378 |
| Mannitol % Recovery | 84378 |

Bacterial Overgrowth of the Small Intestine Breath Test

Description:

This simple, non-invasive test detects bacterial overgrowth in the small intestine, a common condition that often underlies chronic symptoms of maldigestion and malabsorption, including bloating, gas, diarrhea, irregularity, and abdominal pain.

Reports total levels of Hydrogen, Methane, and Hydrogen + Methane. Graphs Hydrogen + Methane (in ppm) levels plotted over 120 minutes.

Specimen Type:

Breath

TAT:

10 days

Method:

GC-TDC, SSS

Biomarkers Reported:

Hydrogen

Methane

Bacterial Overgrowth

GASTROINTESTINAL

CPTs

| Description | CPT # |
|-----------------------|-------|
| Hydrogen, Breath Test | 91065 |

Lactose Intolerance Breath Test

Description:

This simple, non-invasive test detects lactose intolerance, a condition affecting more than 50 million Americans. Proper detection enables effective treatment of lactose maldigestion and malabsorption, to help alleviate chronic symptoms of bloating, gas, diarrhea, and abdominal pain.

Reports total levels of Hydrogen, Methane, and Hydrogen +Methane. Graphs Hydrogen + Methane (in ppm) levels plotted over 3 hours.

Specimen Type:

Breath

TAT:

10 days

Method:

GC-TDC, SSS

Biomarkers Reported:

Hydrogen

Methane

Lactose Intolerance

GASTROINTESTINAL

CPTs

| Description | CPT # |
|-----------------------|-------|
| Hydrogen, Breath Test | 91065 |

Calprotectin

Description:

Calprotectin is a highly sensitive biomarker for evaluating inflammation of the gastrointestinal tract. Calprotectin is FDA-cleared for differentiating Irritable Bowel Syndrome (IBS) from Inflammatory Bowel Disease (IBD). Fecal Calprotectin has been shown in the literature to be a useful, non-invasive screening tool to help identifying which patients may need endoscopy for suspected IBD.

Specimen Type:

Stool

TAT:

7 days

Method:

EIA

Biomarkers Reported:

Calprotectin

Calprotectin

GASTROINTESTINAL

CPTs

| Description | CPT # |
|---------------------|-------|
| Calprotectin, fecal | 83993 |

Cryptosporidium EIA

Description:

Tests for the antigen specific to the protozoan pathogen, Cryptosporidium.

Specimen Type:

Stool

TAT:

7 days

Method:

EIA

Biomarkers Reported:

Cryptosporidium

Cryptosporidium EIA

GASTROINTESTINAL

CPTs

| Description | CPT # |
|---------------------|-------|
| Cryptosporidium EIA | 87328 |

Eosinophil Protein X

Description:

As a non-invasive marker, Eosinophil Protein X reflects IgE-mediated inflammation. Fecal EPX elevations can be associated with several conditions including IBD, IgE-mediated food allergies, parasite or worm infections and collagenous colitis.

Specimen Type:

Stool

TAT:

7 days

Method:

EIA

Biomarkers Reported:

Eosinophil Protein X

Eosinophil Protein X

GASTROINTESTINAL

CPTs

| Description | CPT # |
|----------------------|-------|
| Eosinophil Protein X | 83520 |

Fecal Lactoferrin

Description:

Lactoferrin is a glycoprotein expressed by activated neutrophils that serves as a marker of gastrointestinal inflammation.

Specimen Type:

Stool

TAT:

14 days

Method:

EIA

Biomarkers Reported:

Fecal Lactoferrin

Fecal Lactoferrin

GASTROINTESTINAL

CPTs

Description

Lactoferrin, fecal

CPT #

83630

Giardia lamblia EIA*

Description:

Tests for the antigen specific to the protozoan pathogen, Giardia lamblia.

Specimen Type:

Stool

TAT:

14 days

Method:

EIA

Biomarkers Reported:

Giardia lamblia

Giardia lamblia EIA

GASTROINTESTINAL

CPTs

Description

Giardia lamblia EIA

CPT #

87329

*Not currently available in New York

Gut Immunology

Description:

Evaluates immunological imbalance specific to gastrointestinal tract inflammatory disease activity.

Calprotectin is FDA-cleared for differentiating Irritable Bowel Syndrome (IBS) from Inflammatory Bowel Disease (IBD). Eosinophil Protein X reflects IgE-mediated inflammation. Fecal EPX elevations can be associated with several conditions including IBD, IgE-mediated food allergies, parasite or worm infections and collagenous colitis.

Specimen Type:

Stool

TAT:

7 days

Method:

EIA

Biomarkers Reported:

Calprotectin

Eosinophil Protein X

GI Immunology

GASTROINTESTINAL

CPTs

| Description | CPT # |
|----------------------|-------|
| Calprotectin | 83993 |
| Eosinophil Protein X | 83520 |

H. pylori Stool Antigen HpSA*

Description:

H. pylori stool antigen (HpSA) testing reveals H. pylori antigens shed directly into the stool.

Specimen Type:

Stool

TAT:

7 days

Method:

EIA

Biomarkers Reported:

H. pylori (HpSA)

H. pylori Stool Antigen (HpSA)

GASTROINTESTINAL

CPTs

| Description | CPT # |
|------------------|-------|
| H. pylori (HpSA) | 87338 |

*Not currently available in New York

Pancreatic Elastase

Description:

Pancreatic Elastase (PE1) is a simple, noninvasive fecal marker for assessing exocrine pancreatic function, allowing the clinician to establish a prompt and reliable diagnosis of primary or secondary pancreatic insufficiency. PE1 is not degraded during intestinal transit, is not greatly affected by increases or decreases in intestinal transit times, and results are not affected by pancreatic enzyme replacement therapy.

Specimen Type:

Stool

TAT:

14 days

Method:

EIA

Biomarkers Reported:

Pancreatic Elastase 1

Pancreatic Elastase

GASTROINTESTINAL

CPTs

| Description | CPT # |
|-----------------------|-------|
| Pancreatic Elastase 1 | 82656 |

Parasitology – Direct Exam

Description:

Direct Examination for Larvae. Isolated from stool by patient or health care practitioner and submitted for identification.

Specimen Type:

Suspected parasite (e.g. worm, tapeworm...)

TAT:

10 days

Method:

Macroscopic and Microscopic Examination

Biomarkers Reported:

Parasite Identification Larvae

Parasitology - Direct Exam

GASTROINTESTINAL

CPTs

| Description | CPT # |
|----------------------------|-------|
| Parasitology – Direct Exam | 87210 |

Yeast Culture

Description:

Evaluates the presence of yeast and may include a sensitivity panel, using prescriptive and natural inhibitor agents.

Yeast culture, sensitivities as appropriate, using fecal specimens.

Specimen Type:

Stool

TAT:

14 days

Method:

Standard Mycology Culture

Biomarkers Reported:

KOH Prep

Yeast Culture

Add-on Profiles

See Page 18 - 21

Yeast Culture

GASTROINTESTINAL

CPTs

| Description | CPT # |
|---------------|-------|
| KOH Prep | 87210 |
| Yeast Culture | 87102 |

IBStatus

Description:

IBStatus offers a concise look at the overall health of the gastrointestinal (GI) tract. It is a non-invasive evaluation that uses biotechnology to evaluate digestion, absorption, inflammation, and parasite infection. This test is designed to specifically help identify inflammatory conditions (including subclinical inflammation) associated with Inflammatory Bowel Disease (IBD), NSAID enteropathy, and post-infectious Irritable Bowel Syndrome (IBS).

Specimen Type: Stool

TAT:

14 days

Method:

Standard Mycology Culture, EIA, Microscopy, Monoclonal Antibody

Biomarkers Reported:

Calprotectin

Clostridium difficile

Cryptosporidium EIA

Entamoeba histolytica EIA

Giardia lamblia EIA

Occult Blood

Pancreatic Elastase 1

Parasitology (microscopic)



CPTs

| Description | CPT # |
|----------------------------------------------|-------|
| Pancreatic Elastase | 82656 |
| Calprotectin | 83993 |
| Occult Blood | 82274 |
| Clostridium difficile EIA | 87324 |
| Parasitology Identification, Concentrate | 87177 |
| Parasitology Identification, Trichrome Stain | 87209 |
| Cryptosporidium EIA | 87328 |
| Giardia lamblia | 87329 |
| Entamoeba histolytica EIA | 87336 |

Add-on Tests

| | |
|-----------------------|----------|
| HpSA- H.pylori | 87338 |
| Eosinophil Protein X | 83520 |
| Bacteriology, Aerobic | 87045 |
| Bacteriology, Aerobic | 87046 x3 |

Gastrointestinal Add-On Markers

Add-On Markers

GASTROINTESTINAL

Bile Acids

Specimen Type:

Stool

Available Add-on For:

CDSA/P, CDSA

CPTs

Description

Bile Acids

CPT #

82239

Calprotectin

Specimen Type:

Stool

Available Add-on For:

CDSA/P, CDSA, Microbiology Analysis

CPTs

Description

Calprotectin, fecal

CPT #

83993

Campylobacter & Shiga-like Toxin by EIA

Description:

Evaluates stool for the presence of Campylobacter and Shiga Toxins (Stx1 & Stx2) produced by Shiga Toxin-producing Esherichia coli strains, the most common of which is E. coli O157:H7, as an adjunct to CDSA, Comprehensive Parasitology, Microbiology Analysis, or Bacteriology Culture & Sensitivities. Campylobacter and Shiga-like Toxin by EIA detection is indicated for patients with acute diarrhea.

Specimen Type:

Stool

Available Add-on For:

CDSA/P, CDSA, CDSA/P 2.0, CDSA 2.0., Micro. Anlys., Bct. Cltr., CP

CPTs

Description

Shiga-like Toxin
Campylobacter

CPT #

87427
87449

2130 Campylobacter EIA (for GI Effects)*

Specimen Type:

Stool

Available Add-on For:

GI Effects 2200, 2205

CPTs

Description

Campylobacter specific antigen EIA

CPT #

87449

Chymotrypsin

Description:

Chymotrypsin is a protein-digesting enzyme secreted by the pancreas. It is useful in monitoring patients who have moderate to severe pancreatic dysfunction.

Specimen Type:

Stool

Available Add-on For:

CDSA/P 2.0, CDSA 2.0

CPTs

Description

Chymotrypsin

CPT #

84311

Gastrointestinal Add-On Markers

Add-On Markers

GASTROINTESTINAL

Clostridium difficile EIA

2131 Clostridium difficile EIA (for GI Effects)*

Specimen Type:

Stool

Available Add-on For:

CDSA/P, CDSA, CDSA/P 2.0, CDSA 2.0, GI Effects 2200, 2205

CPTs

| Description | CPT # |
|--------------|-------|
| C. difficile | 87324 |

Cryptosporidium EIA

Description:

Tests for the antigen specific to the protozoan pathogen, Cryptosporidium.

Specimen Type:

Stool

Available Add-on For:

Parasitology

CPTs

| Description | CPT # |
|---------------------|-------|
| Cryptosporidium EIA | 87328 |

Eosinophil Protein X

Specimen Type:

Stool

CPTs

| Description | CPT # |
|----------------------|-------|
| Eosinophil Protein X | 83520 |

Available Add-on For:

CDSA/P, CDSA, IBStatus

2132 Escherichia coli EIA (for GI Effects)*

Specimen Type:

Stool

CPTs

| Description | CPT # |
|-------------------------------------------|-------|
| Enterohemorrhagic E.coli Shiga-like toxin | 87427 |

Available Add-on For:

GI Effects 2200, 2205

Fecal Fats

Specimen Type:

Stool

CPTs

| Description | CPT # |
|------------------------|-------|
| Long Chain Fatty Acids | 82725 |
| Triglycerides | 82715 |
| Cholesterol | 82715 |
| Phospholipids | 82715 |
| Cryptosporidium EIA | 87328 |

Available Add-on For:

CDSA/P 2.0, CDSA 2.0

2134 Fecal Lactoferrin (for GI Effects)*

Specimen Type:

Stool

CPTs

| Description | CPT # |
|--------------------|-------|
| Lactoferrin, fecal | 83630 |

Available Add-on For:

GI Effects 2200, 2205

*Not currently available in New York

Gastrointestinal Add-On Markers

Add-On Markers

GASTROINTESTINAL

Giardia lamblia EIA

Specimen Type:

Stool - No additional specimen required if ordering Parasitology.

Available Add-on For:

Parasitology

CPTs

Description

Giardia lamblia EIA

CPT #

87329

Helicobacter pylori Stool Antigen EIA

2133 Helicobacter pylori EIA (for GI Effects)*

Specimen Type:

Stool

Available Add-on For:

CDSA/P, CDSA, CDSA/P 2.0, CDSA 2.0, GI Effects 2200, 2205, IBStatus

CPTs

Description

Helicobacter pylori Stool Antigen EIA (HpSA)

CPT #

87338

Macroscopic Examination for Worms

Description

Examination for adult cestodes, nematodes and trematodes or pieces of worms that may be shed in stool.

Specimen Type:

Stool

Available Add-on For:

CDSA/P, CDSA/P 2.0, CDSA 2.0, CP, Parasitology

(Always included on the GI Effects 2200, if positive)

CPTs

Description

Macroscopic Worms

CPT #

87169

Method:

Macroscopic and Microscopic Examination

MIC Sensitivities, Yeast or Bacteria

Description:

Yeast or Bacteria sensitivities are run as appropriate using prescriptive and natural inhibitor agents.

Specimen Type:

Stool

Available Add-on For:

CDSA/P, CDSA, CDSA/P 2.0, CDSA 2.0, Micro. Anlys., Bact. Culture, Yeast Culture, CP

CPTs

Description

Bacterial or Yeast

CPT #

87186

Occult Blood

Specimen Type:

Stool

CPTs

Description

Occult Blood

CPT #

82274

Available Add-on For:

CDSA/P 2.0, CDSA 2.0

*Not currently available in New York

Gastrointestinal Add-On Markers

Add-On Markers

GASTROINTESTINAL

Pancreatic Elastase 1

Specimen Type:

Stool

Available Add-on For:

CDSA, CDSA/P

CPTs

Description

Pancreatic Elastase 1

CPT #

82656

Shiga-like Toxin by EIA

Specimen Type:

Stool

Available Add-on For:

CDSA/P, CDSA, CDSA/P 2.0, CDSA 2.0, CP

CPTs

Description

Shiga-like Toxin
Campylobacter

CPT #

87427

87449

Short Chain Fatty Acids Distribution

Specimen Type:

No additional specimen required

Available Add-on For:

CDSA, CDSA/P

CPTs

Description

SCFA

CPT #

8249

| Gastrointestinal Add-ons | GI Effects 2200, 2205 | CDSA 2.0 | CDSA/P 2.0 | CDSA | CDSA/P | IB Status | Bact. Cult | CP | Micro. Anlys. | Para. |
|---------------------------------------|--------------------------|-------------|---------------|------|--------|--------------|---------------|----|------------------|-------|
| Bacteriology | | | | | | + | | | | |
| Bile Acids | | | | + | + | | | | | |
| Calprotectin | | | | + | + | | | | + | |
| Campylobacter & Shiga-like Toxin EIA | | + | + | + | + | | + | + | + | |
| 2130 Campylobacter EIA | + | | | | | | | | | |
| Chymotrypsin | | + | + | | | | | | | |
| Clostridium difficile EIA | | + | + | + | + | | | | | |
| 2131 Clostridium difficile EIA | + | | | | | | | | | |
| Cryptosporidium EIA | | | | + | + | | | | | + |
| Eosinophil Protein X | | | | | | + | | | | |
| 2132 Escherichia coli EIA | + | | | | | | | | | |
| Fecal Fats | | + | + | | | | | | | |
| 2134 Fecal Lactoferrin | + | | | | | | | | | |
| Giardia lamblia EIA | | | | | | | | | | + |
| Helicobacter pylori Stool Antigen EIA | | + | + | + | + | + | | | | |
| 2133 Helicobacter pylori EIA | + | | | | | | | | | |
| Macroscopic Examination for Worms | | + | + | + | + | | | + | | + |
| Occult Blood | | + | + | | | | | | | |
| Pancreatic Elastase 1 | | | | + | + | | | | | |
| Shiga-like Toxin by EIA | | + | + | + | + | | | | | |
| Short Chain Fatty Acids Distribution | | | | + | + | | | | | |

| Gastrointestinal Profiles Biomarkers Comparison Table | | | | | | |
|--------------------------------------------------------------------------|-------|-------|------|--------|------------|----------------|
| BIOMARKERS REPORTED | 2200* | 2205* | CDSA | CDSA/P | CDSA/P 2.0 | CDSA 2.0 w/o P |
| *Not Available in New York | | | | | | |
| Digestion/Absorption | | | | | | |
| Digestion | | | | | | |
| Pancreatic Elastase 1 | • | | + | + | • | • |
| Chymotrypsin | | | • | • | + | + |
| Putrefactive SCFA | | | • | • | • | • |
| Meat Fibers | | | • | • | | |
| Vegetable Fibers | | | • | • | | |
| Products of Protein Breakdown (Total) (Valerate+Isobutyrate+Isovalerate) | • | | | | | |
| Absorption | | | | | | |
| Long Chain Fatty Acids | • | | • | • | | |
| Fecal Fat (Total) | • | | • | • | + | + |
| Triglycerides | • | | • | • | | |
| Phospholipids | • | | • | • | | |
| Cholesterol | • | | • | • | | |
| Gut Immunology | | | | | | |
| Calprotectin | • | | + | + | • | • |
| Eosinophil Protein X (EPX) | • | | + | + | • | • |
| Fecal sIgA | • | | | | | |
| Metabolic | | | | | | |
| SCFA (Total*) (Acetate, n-Butyrate, Propionate) | • | | • | • | • | • |
| n-Butyrate Concentration | • | | • | • | • | • |
| n-Butyrate % | • | | • | • | | |
| Acetate% | • | | • | • | | |
| Propionate% | • | | • | • | | |
| pH | | | • | • | • | • |
| SCFA Distribution | • | | • | • | + | + |
| Beta-glucuronidase | • | | • | • | • | • |
| Bile Acids | | | + | + | • | • |
| Inflammation | | | | | | |
| Lactoferrin | + | + | • | • | | |
| Mucus | | | • | • | | |
| Gastrointestinal Microbiome | | | | | | |
| Commensal Bacteria (PCR) | | | | | | |
| Bacteroidetes Phylum | | | | | | |
| <i>Bacteroides-Prevotella</i> group | • | • | | | | |
| <i>Bacteroides vulgatus</i> | • | • | | | | |
| <i>Barnesiella</i> spp. | • | • | | | | |
| <i>Odoribacter</i> spp. | • | • | | | | |
| <i>Prevotella</i> spp. | • | • | | | | |
| Firmicutes Phylum | | | | | | |
| <i>Anaerotruncus colihominis</i> | • | • | | | | |
| <i>Butyrivibrio crossotus</i> | • | • | | | | |
| <i>Clostridium</i> spp. | • | • | | | | |
| <i>Coprococcus eutactus</i> | • | • | | | | |

Gastrointestinal Profiles Biomarkers Comparison Table

| BIOMARKERS REPORTED | 2200* | 2205* | CDSA | CDSA/P | CDSA/P 2.0 | CDSA 2.0 w/o P |
|---------------------------------------------|-------|-------|------|--------|------------|----------------|
| *Not Available in New York | | | | | | |
| Commensal Bacteria (PCR) | | | | | | |
| <i>Faecalibacterium prausnitzii</i> | . | . | | | | |
| <i>Lactobacillus</i> spp. | . | . | | | | |
| <i>Pseudoflavonifractor</i> spp. | . | . | | | | |
| <i>Roseburia</i> spp. | . | . | | | | |
| <i>Ruminococcus</i> spp. | . | . | | | | |
| <i>Veillonella</i> spp. | . | . | | | | |
| Actinobacteria Phylum | | | | | | |
| <i>Bifidobacterium</i> spp. | . | . | | | | |
| <i>Bifidobacterium longum</i> | . | . | | | | |
| <i>Collinsella aerofaciens</i> | . | . | | | | |
| Proteobacteria Phylum | | | | | | |
| <i>Desulfovibrio piger</i> | . | . | | | | |
| <i>Escherichia coli</i> | . | . | | | | |
| <i>Oxalobacter formigenes</i> | . | . | | | | |
| Euryarchaeota Phylum | | | | | | |
| <i>Methanobrevibacter smithii</i> | . | . | | | | |
| Fusobacteria Phylum | | | | | | |
| <i>Fusobacterium</i> spp. | . | . | | | | |
| Verrucomicrobia Phylum | | | | | | |
| <i>Akkermansia muciniphila</i> | . | . | | | | |
| <i>Firmicutes/Bacteroidetes (F/B Ratio)</i> | . | . | | | | |
| Bacteriology | | | | | | |
| Beneficial Bacteria | . | . | . | . | . | . |
| Additional Bacteria | . | . | . | . | . | |
| Mycology (Yeast/Fungi) | . | . | . | . | . | . |
| Parasitology | | | | | | |
| Microscopic Exam Results | . | . | | . | . | |
| Parasitology EIA Tests | . | . | | . | . | |
| Other Biomarkers | | | | | | |
| Occult Blood | . | | . | . | + | + |
| Color | . | | . | . | | |
| Consistency | . | | | | | |
| <i>Campylobacter</i> | + | + | + | + | + | + |
| Shiga Toxin <i>E. Coli</i> | + | + | + | + | + | + |
| <i>Clostridium difficile</i> EIA | + | + | + | + | + | + |
| <i>Helicobacter pylori</i> Stool Antigen | + | + | + | + | + | + |
| Macro for Worms | | | + | + | + | + |

+ Add-ons

IgE Food Antibodies

Description:

The IgE antibody is the cause of “classic” or atopic allergic reactions and is well known for causing immediate allergic reactions. The IgE Food Antibodies Profile measures the IgE levels in serum that react to different foods. Food categories include dairy, grains, nuts, and seafood.

Specimen Type:

Serum

TAT:

7 days

Method:

Chemiluminescent, Immunoassay EIA

Biomarkers Reported:

See Page 26 - 27

IgE Food Antibodies

IMMUNOLOGY

CPTs

Description

IgE Foods

Total IgE

CPT #

86003 x 19

82785

IgG Food Antibodies*

Available add-ons: Vegetarian Profile: Artichoke, Bean sprout, Cantalope, Cashew, Cherry, Coconut, Filbert, Flax Seed, Garbonzo, Kamut, Millet, Mung Bean, Navy Bean, Oat Bran, Parmesan Cheese, Pistachio, Safflower, Triticale, Watermelon, Wheat Bran, Wild Rice.

Description:

ELISA test to semi-quantify serum levels of total IgG antibodies for 87 combined foods. Indicated for patients with suspected food sensitivities.

Food categories include: Dairy, Fish/Shellfish, Fruits, Nuts/Grains, Poultry/Meat, Vegetables.

Vegetarian Food categories include: Dairy, Fruits, Nuts/Grains, Vegetables.

Specimen Type:

Serum

TAT:

7 days

Method:

Chemiluminescent, Immunoassay EIA

Biomarkers Reported:

See Page 26 - 27

IgG Food Antibodies

IMMUNOLOGY

CPTs

Description

IgG Foods

Total IgE

CPT #

86001 x 87

82785

*Not currently available in New York

0075 Allergix™ IgG4 Food Antibodies - 90 Antigens*

Description

The Allergix™ IgG4 antibody is related to “delayed” or nonatopic food reactions that exacerbate or contribute to many different health problems. Simultaneous high levels of many IgG4 food-specific antibodies is generally associated with intestinal hyperpermeability. This profile measures the IgG4 levels in serum that react to 90 different foods, including commonly eaten foods such as corn, milk, egg, and wheat. A food reaction patient guide is provided with each test result.

Specimen Type:

Serum

TAT:

7 days

Method:

ELISA

Biomarkers Reported:

See Page 26 - 27



CPTs

| Description | CPT # |
|----------------------|-----------|
| IgG4 Food Antibodies | 86001 x90 |

*Not currently available in New York

0076 Allergix™ Bloodspot IgG4 Food Antibodies – 30 Profile* ‡

Description:

The BloodspotSM IgG4 Food Antibody Assay is a blood spot test that measures the total IgG4 levels that react to common food antigens. The test kit is simple enough for the patient to use at home.

Specimen Type:

Blood spot

TAT:

7 -14 days

Method:

ELISA

Biomarkers Reported:

See Page 26 - 27



CPTs

| Description | CPT # |
|-------------------------------|-----------|
| Blood Spot IgG4 Food Antibds. | 86001 x30 |

*Not currently available in New York

‡ABN Required

Immunology Profiles Biomarkers Comparison Table

*NOT AVAILABLE IN NEW YORK

| Biomarkers reported | IgE Food Antibody | IgG Food Antibody* | 0075 IgG4 90* | 0076 IgG4 Bloodspot* | IgG Spices* |
|---------------------|-------------------|--------------------|---------------|----------------------|-------------|
| Alfalfa | | • | | | |
| Allspice | | | | | • |
| Almond | • | • | • | • | |
| Apple | | • | • | | |
| Apricot | | • | • | | |
| Asparagus | | • | • | | |
| Aspergillus | | | • | • | |
| Avocado | | • | • | | |
| Banana | | • | • | | |
| Barley | | | • | | |
| Basil | | | | | • |
| Bay Leaf | | | | | • |
| Beef | | • | • | • | |
| Beet | | • | | | |
| Black Pepper | | | • | | • |
| Blue Mussel | • | | | | |
| Blueberry | | • | • | | |
| Brazil Nut | • | | | | |
| Broccoli | | • | • | | |
| Buckwheat | • | • | | | |
| Cabbage | | • | • | | |
| Cane Sugar | | • | | | |
| Cantaloupe | | | • | • | |
| Carrot | | • | • | | |
| Casein | | • | • | | |
| Cashew | | | • | • | |
| Cauliflower | | | • | | |
| Cayenne | | | | | • |
| Celery | | • | • | | |
| Cheddar Cheese | | • | | | |
| Chicken | | • | • | • | |
| Chocolate | | • | • | | |
| Cinnamon | | | • | | • |
| Clam | | • | • | | |
| Coconut | • | | • | | |
| Cloves | | | | | • |
| Cod | • | • | • | | |
| Coffee | | • | • | | |
| Corn | • | • | • | • | |
| Corn Gluten | | • | | | |
| Cottage Cheese | | • | | | |
| Cow's Milk | • | • | • | • | |
| Crab | | • | • | • | |
| Cranberry | | • | • | | |
| Cucumber | | • | • | | |
| Cumin | | | | | • |
| Dill | | | | | • |
| Egg White | • | • | • | | |
| Egg Yolk | | • | • | | |
| Egg, Whole | | | | • | |
| Fennel | | | | | • |
| Flounder | | | • | | |
| Garlic | | • | • | • | |
| Ginger | | | • | | • |
| Gluten | | • | | | |
| Goat's Milk | | • | | | |
| Grape | | • | • | | |
| Grapefruit | | • | • | | |
| Green Pepper | | • | • | | |
| Halibut | | | • | | |
| Hazelnut | • | | | | |
| Honeydew | | | • | | |
| Horse Radish | | | | | • |
| Kidney Bean | | • | | | |
| Lactalbumin | | • | | | |
| Lamb | | • | • | | |

Immunology Profiles Biomarkers Comparison Table

*NOT AVAILABLE IN NEW YORK

| Biomarkers reported | IgE Food Antibody | IgG Food Antibody* | 0075 IgG4 90* | 0076 IgG4 Bloodspot* | IgG Spices* |
|---------------------|-------------------|--------------------|---------------|----------------------|-------------|
| Lemon | | . | . | | |
| Lentil | | . | . | | |
| Lettuce | | . | . | | |
| Lima Bean | | . | . | | |
| Lobster | | . | . | . | |
| Mackerel | | | . | | |
| Marjoram | | | | | . |
| Mushroom | | . | . | | |
| Mustard | | | | | . |
| Mustard Seed | | | . | . | |
| Navy Bean | | | . | | |
| Nutmeg | | | | | . |
| Oat | . | . | . | . | |
| Olive | | . | . | | |
| Onion | | . | . | | |
| Orange | | . | . | . | |
| Oregano | | | | | . |
| Oyster | | . | . | | |
| Papaya | | . | | | |
| Paprika | | | | | . |
| Parsley | | | | | . |
| Pea | | . | . | . | |
| Peach | | . | . | | |
| Peanut | . | . | . | . | |
| Pear | | . | . | | |
| Pecan | | . | . | | |
| Peppermint | | | | | . |
| Pineapple | | . | . | | |
| Pinto Bean | | . | . | . | |
| Pistachio | | | . | | |
| Plum | | . | | | |
| Pork | | . | . | . | |
| Potato, Sweet | | . | . | | |
| Potato, White | | . | . | | |
| Raspberry | | . | | | |
| Red Snapper | | . | | | |
| Rice | . | . | . | . | |
| Rosemary | | | | | . |
| Rye | | . | . | | |
| Sage | | | | | . |
| Salmon | . | . | . | . | |
| Sardine | | . | | | |
| Sesame | . | . | . | | |
| Shrimp | . | . | . | . | |
| Sole | | . | | | |
| Soy | | . | | | |
| Soybean | . | | . | . | |
| Spinach | | . | . | | |
| Strawberry | | . | . | . | |
| String bean | | | . | | |
| Sunflower | | . | . | . | |
| Tea | | | . | | |
| Thyme | | | | | . |
| Tomato | | . | . | . | |
| Trout | | . | . | | |
| Tuna | . | . | . | . | |
| Turkey | | . | . | . | |
| Vanilla | | | . | | |
| Walnut, English | | . | . | . | |
| Watermelon | | | . | | |
| Wheat | . | . | . | . | |
| Yeast | | . | | | |
| Yeast, Baker's | | | . | | |
| Yeast, Brewer's | | | . | | |
| Yogurt | | . | | | |
| Zucchini | | . | . | | |
| Total IgE | . | . | | | |

IgE Inhalants

Description:

Chemiluminescent test to evaluate serum IgE antibody levels to 14 region-specific common pollens and environmental inhalants. Indicated for patients with suspected environmental and/or seasonal allergies.

Region-specific inhalant categories include grass pollen, weed pollen, fungi, tree/shrub, household.

Specimen Type:

Serum

TAT:

7 days

Method:

Chemiluminescent

Biomarkers

- Alder Tree
- Australian Pine Tree
- Bahia Grass
- Bermuda Grass
- Birch Tree
- Brome Grass
- Canary Grass
- Cat Dander
- Cocklebur
- Cockroach
- Common Ragweed
- Cottonwood Tree
- Cultivated Oat Grass
- Dandelion
- Dog Dander
- Elm Tree
- English Plantian
- Eucalyptus Tree
- Giant Ragweed
- Johnson Grass
- June Grass (Kentucky Blue)
- Lamb's quarters
- Maple Tree
- Mesquite Tree
- Mite Dermatophagoides Farinae
- Mite Dermatophagoides Microceras
- Mite Dermatophagoides Pteronyssinus
- Mold Generic
- Mountain Cedar Tree
- Nettle

- Oak Tree
- Olive Tree
- Orchard Grass
- Pecan Tree
- Perennial Rye Grass
- Red Top
- Rough Marsh Elder
- Rough Pigweed
- Russian Thistle
- Scale
- Sweet Vernal Grass
- Timothy Grass
- Total IgE
- Walnut Tree
- Western Ragweed
- White Mulberry Tree

Please Note: Biomarkers vary according to geographical regions and region-specific tests will cover the 14 most common allergens in that region. See Pages 34 -35 for more information.

IgE Inhalants

IMMUNOLOGY

CPTs

| Description | CPT # |
|---------------|------------|
| IgE Inhalants | 86003 x 14 |
| Total IgE | 82785 |

IgE Molds

Description:

Chemiluminescent test to evaluate serum IgE antibody levels to 15 molds. Indicated for patients with suspected environmental allergies specific to molds.

Specimen Type:

Serum

TAT:

7 days

Method:

Chemiluminescent

Biomarkers Reported:

| | |
|--------------------------|-------------------------|
| Alternaria tenuis | Penicillium notatum |
| Aspergillus fumigatus | Phoma betae |
| Candida albicans | Pityrosporum orbiculare |
| Cladosporium herbarum | Rhizopus nigricans |
| Curvularia lunata | Stemphylium botryosum |
| Epicoccum purpurascens | Trichoderma viride |
| Fusarium moniliforme | Total IgE |
| Helminthosporium halodes | |
| Mucor racemosus | |

IgE Molds

IMMUNOLOGY

CPTs

| Description | CPT # |
|-------------|-----------|
| IgE Molds | 86003 X15 |
| Total IgE | 82785 |

IgG Spices*

Description:

Evaluate serum for levels of IgG and total IgE antibodies for 24 frequently used culinary herbs and spices. Indicated for patients with suspected allergic reactions to spices and herbs.

Specimen Type:

Serum

TAT:

7 days

Method:

Immunoassay EIA, Chemiluminescent

Biomarkers Reported:

| | | |
|----------------|-------------|------------|
| Allspice | Dill | Parsley |
| Basil | Fennel Seed | Peppermint |
| Bay Leaf | Ginger | Rosemary |
| Black Pepper | Horseradish | Sage |
| Cayenne Pepper | Marjoram | Thyme |
| Cinnamon | Mustard | Vanilla |
| Cloves | Nutmeg | Total IgE |
| Cumin | Oregano | |
| Curry | Paprika | |

IgE Spices

IMMUNOLOGY

CPTs

| Description | CPT # |
|-------------|------------|
| IgG Spices | 86001 x 24 |
| Total IgE | 82785 |

*Not currently available in New York

Celiac & Gluten Sensitivity

Description:

Assays serum for IgA specific antibodies for possible or probable celiac disease or gluten sensitivity.

Antibodies include IgA Anti-Tissue Transglutaminase, Anti-Deamidated IgA, IgA Anti-Endomysial Antibodies, and IgA and IgG Anti-Gliadin Antibodies.

Specimen Type:

Serum

TAT:

7 days

Method:

EIA, IFA, Immunoturbidimetric

Biomarkers Reported:

Anti-Deamidated Gliadin IgA (DGP IgA)

Anti-Gliadin IgA

Anti-Gliadin IgG

Anti-Tissue Transglutaminase IgA

EMA IgA (reflex only)

Total IgA

Celiac & Gluten Sensitivities

IMMUNOLOGY

CPTs

| Description | CPT # |
|----------------------------------|-----------|
| Total IgA | 82784 |
| Anti-Tissue Transglutaminase IgA | 83516 |
| Anti-Deamidated IgA | 83516 |
| Anti-Gliadin IgA/IgG | 83516 x 2 |

| IgE Inhalants US Region Name | North Atlantic | Mid-Atlantic | South Atlantic | Subtropical FL | Ohio Valley | South Central | Upper MidWest | MidWest | Great Plains |
|---------------------------------|-------------------|--------------|-------------------|-------------------|-------------|---------------|------------------|---------|--------------|
| Antigen Name | | | | | | | | | |
| Trees: | | | | | | | | | |
| Alder | | | | | | | | | |
| Australian Pine | | | | . | | | | | |
| Birch | . | | | | | | . | . | |
| Cottonwood | | | | | | | | | |
| Elm | . | . | . | | . | . | . | . | . |
| Eucalyptus | | | | | | | | | |
| Maple | . | . | | | | | . | . | . |
| Mesquite | | | | | | | | | |
| Mountain Cedar | | | | | . | | | | |
| Oak | . | . | . | . | . | . | . | . | |
| Olive | | | | | | | | | |
| Pecan | | | . | . | | . | | | |
| Walnut | | | | | | | | | |
| White Mulberry | | | | | | | | | |
| Grasses: | | | | | | | | | |
| Bahia Grass | | | | . | | | | | |
| Bermuda Grass | . | . | . | . | . | . | | . | |
| Brome Grass | | | | | | | | | . |
| Canary Grass | | | | | | | | | |
| Cultivated Oat Grass | | | | | | | | | |
| Johnson Grass | . | . | . | . | . | . | | | . |
| June Grass (Kentucky Blue) | | . | . | | . | . | | . | |
| Orchard Grass | | | | | | | . | . | |
| Perennial Rye Grass | | | | | | | | | . |
| Red Top | | | | | | | . | | . |
| Sweet Vernal Grass | | | | | | | | | |
| Timothy Grass | . | | | | | | . | | |
| Weeds: | | | | | | | | | |
| Cocklebur | | . | | | | | | | |
| Common Ragweed | . | . | . | . | . | . | . | . | . |
| Dandelion | | | | | | | | | |
| English Plantain | | | . | | | . | | | . |
| Giant Ragweed | | | | | | | | | |
| Lamb's Quarters | . | | | . | . | | | | . |
| Nettle | | | | | . | | | | |
| Rough Marsh Elder | | | | | | . | . | . | |
| Rough Pigweed | | . | . | . | | | | | |
| Russian Thistle | | | | | | | | | . |
| Scale | | | | | | | | | |
| Western Ragweed | | | | | | | | | |
| Mold: | | | | | | | | | |
| Mold Generic | . | . | . | . | . | . | . | . | . |
| Miscellaneous: | | | | | | | | | |
| Cat dander | . | . | . | . | . | . | . | . | . |
| Cockroach | . | . | . | . | . | . | . | . | . |
| Dog dander | . | . | . | . | . | . | . | . | . |
| Mite - D. farinae | . | . | . | . | . | . | . | . | . |
| Mite - D. microceras | . | . | . | . | . | . | . | . | . |
| Mite - D. pteronyssinus | . | . | . | . | . | . | . | . | . |

| IgE Inhalants US Region Name | Texas + | Rocky Mtn | SouthWest | SoCal Coast | Central Valley | Inter Mountain | Inland NW | Pacific NW | Alaska |
|---------------------------------|---------|-----------|-----------|-------------|----------------|-------------------|-----------|------------|--------|
| Antigen Name | | | | | | | | | |
| Trees: | | | | | | | | | |
| Alder | | | | | | | . | . | . |
| Australian Pine | | | | | | | | | |
| Birch | | | | | | . | . | . | . |
| Cottonwood | | | | | | . | | | . |
| Elm | | . | | | | | | | |
| Eucalyptus | | | | | | | | | |
| Maple | . | . | | . | . | . | | | |
| Mesquite | | | . | | | | | | |
| Mountain Cedar | . | . | . | | | . | | | |
| Oak | | | | . | | | . | . | |
| Olive | | | . | . | . | | | | |
| Pecan | | | | | | | | | |
| Walnut | | | | . | . | | | | |
| White Mulberry | | | . | | | | | | |
| Grasses: | | | | | | | | | |
| Bahia Grass | | | | | | | | | |
| Bermuda Grass | . | | . | . | . | . | | | |
| Brome Grass | | | | . | | | | | . |
| Canary Grass | | | | | | | | | . |
| Cultivated Oat Grass | | | | . | . | . | | | |
| Johnson Grass | | | . | | | | | | |
| June Grass | . | | | . | | | . | | |
| Orchard Grass | | . | | | | | | . | |
| Perennial Rye Grass | . | . | . | | | | | | |
| Red Top | | | | | | . | . | | |
| Sweet Vernal Grass | | | | | | | | . | |
| Timothy Grass | | . | | | . | | . | . | |
| Weeds: | | | | | | | | | |
| Cocklebur | | | | | | | | | |
| Common Ragweed | | | . | | | | | | |
| Dandelion | | | | | | | | | . |
| English Plantain | . | | | | | | . | | |
| Giant Ragweed | . | . | | | | | | | |
| Lamb's Quarters | . | . | | | . | | | | . |
| Nettle | | | | | | | | | |
| Rough Marsh Elder | . | | | | | | | | |
| Rough Pigweed | | . | . | . | . | . | . | . | . |
| Russian Thistle | | . | . | | | . | . | . | |
| Scale | | | | | . | | | | |
| Western Ragweed | | | | | . | . | | . | . |
| Mold: | | | | | | | | | |
| Mold Generic | . | . | . | . | . | . | . | . | . |
| Miscellaneous: | | | | | | | | | |
| Cat dander | . | . | . | . | . | . | . | . | . |
| Cockroach | . | . | . | . | . | . | . | . | . |
| Dog dander | . | . | . | . | . | . | . | . | . |
| Mite - D. farinae | . | . | . | . | . | . | . | . | . |
| Mite - D. microceras | . | . | . | . | . | . | . | . | . |
| Mite - D. pteronyssinus | . | . | . | . | . | . | . | . | . |

NUTRITIONAL

NUTRITIONAL TESTING

NutrEval® Plasma*

NutrEval® FMV (First Morning Void)*

Description:

A comprehensive nutritional evaluation to identify specific imbalances of vitamins, nutrients, and essential co-factors. The NutrEval is an advanced diagnostic tool that assess functional and direct nutrient status to identify need in key areas, including: antioxidants, B-vitamins, nutrient and toxic elements, fatty acids, digestive support, oxidative stress, and amino acids. The report also provides personalized nutrient recommendations based on the patient's individual results.

Specimen Type:

Blood/Urine

TAT:

14 days

Method:

HPLC, GC-MS, Enzymatic, Kinetic (Jaffe), LC-MS-MS, Colorimetric, TBARS, ICP-MS

Biomarkers Reported:

See Page 39 - 44

Add-on Test

Vitamin D

CPTs

| Description | CPT # |
|------------------------------|----------|
| Metabolic Analysis Profile | |
| 5-OH-indoleacetic Acid | 83497 |
| Citric Acid | 82507 |
| Creatinine | 82570 |
| Homovanillic Acid | 83150 |
| Lactic Acid | 83605 |
| Pyruvic Acid | 84210 |
| Vanilmandelic Acid | 84585 |
| Organic Acids | 83921x19 |
| Adipic Acid | |
| A-Ketoglutaric Acid | |
| B-OH-b-Methylglutaric Acid | |
| B-OH-Butyric Acid | |
| Isocitric Acid | |
| Malic Acid | |
| Suberic Acid | |
| Succinic Acid | |
| 2-Hydroxyphenylacetic Acid | |
| 3-Hydroxypropionic Acid | |
| 4-Hydroxyphenylpyruvic Acid | |
| A-Ketoadipic Acid | |
| A-Keto-b-Methylvaleric Acid | |
| A-Ketoisocaproic | |
| A-Ketoisovaleric | |
| Glutaric Acid | |
| Homogentisic Acid | |
| Methylmalonic Acid | |
| Orotic Acid | |
| Arabinose | |
| Benzoic/Hippuric Acids Ratio | |
| Citramalic Acid | |
| DHPPA | |



*Not currently available in New York

| Description | CPT # |
|-------------------------------------|-------|
| Indoleacetic Acid | |
| Phenylacetic Acid | |
| Pyroglutamic Acid | |
| Cis-Aconitic Acid | |
| 3-Methyl-4-OH-phenylglycol | |
| Kynurenic Acid | |
| Formiminoglutamic Acid | |
| Essential and Metabolic Fatty Acids | 82542 |
| Behenic Acid | 82726 |
| Docosatetraenoic Acid | 82726 |
| Lignoceric Acid | 82726 |
| Nervonic Acid | 82726 |
| Tricosanoic Acid | 82726 |
| Amino Acids Analysis | 82139 |
| Oxidative Stress Analysis | |
| 8-OHdG | 83520 |
| Lipid Peroxides, Urine | 84311 |
| Glutathione | 82978 |
| Coenzyme Q10 (Ubiquinone) | 82491 |
| Nutrient & Toxic Elements | |
| Cadmium | 82300 |
| Heavy Metals: | 83015 |
| Antimony | |
| Arsenic | |
| Mercury | |
| Tin | |
| Lead | 83655 |
| Copper | 82525 |
| Magnesium | 83735 |
| Manganese | 83785 |
| Potassium | 84132 |
| Zinc | 84630 |

0090 ION® Profile* ‡° / ION® Pediatric Profile* ‡°

0190 ION® Profile - NY ‡/ ION® Pediatric Profile - NY ‡

0490 ION® Profile with Amino Acids 40* ‡°

0590 ION® Profile with Amino Acids 40 - NY ‡

Description

The ION® (Individual-Optimal-Nutrition) Profile is a combination of nutritional analyses that measures levels of organic acids, fatty acids, amino acids, vitamins, minerals, and antioxidants. Over time, functional nutritional inadequacies can result in a variety of chronic health conditions. The ION profile can help determine the basis for these chronic health conditions.

Specimen Type:

Blood/Urine

TAT:

21 days

Method:

LC/MS-MS, HPLC, UPLC, ICP/MS, GC/MS, Spectrophotometry, Chemiluminescence

Biomarkers Reported:

See Page 39 - 44



CPTs

| 0090/0490 Description | CPT # |
|--------------------------------------------------|--------------|
| Long Chain Fatty Acids | 82726 x5 |
| Additional Fatty Acids | 82542 |
| Amino Acids, Quant, 6 or more | 82139 |
| Vitamin D | 82306 |
| CoQ10, Lipid Peroxides | 82491 x3 |
| **Gamma Tocopherol | 82491 |
| Homocysteine | 83090 |
| Carotene | 82380 |
| Vitamin E | 84446 |
| Vitamin A | 84590 |
| Organic Acids | 83921 x19 |
| Citrate | 82507 |
| Homovanillic Acid | 83150 |
| Vanilmandelic Acid | 84585 |
| 5-Hydroxyindoleacetic Acid | 83497 |
| Pyruvate | 84210 |
| **Lactic Acid | 83605 x2 |
| Creatinine | 82570 |
| Indican | 83789 x2 |
| Sulfate | 84392 |
| Aluminum | 82108 |
| Selenium | 84255 |
| Heavy Metal Screen (Cadium, Mercury, Arsenic) | 83015 |
| Magnesium | 83735 |
| Potassium | 84132 |
| Calcium | 82310 |
| Copper | 82525 |
| Zinc | 84630 |
| D-Arabinitol | 84378 |

**Not on 0190/0590

*Not currently available in New York

‡ABN Required

°Not available in Ohio

0290 Cardio/ION™ Profile* ‡°

0390 Cardio/ION™ Profile - NY ‡

Description:

The Cardio/ION® Profile provides a comprehensive array of parameters to determine overall nutritional status with a specific impact on reducing the risk of cardiovascular disease and improving cardiovascular health.

Specimen Type:

Blood/Urine

TAT:

21 days

Method:

LC/MS-MS, HPLC, UPLC, ICP/MS, GC/MS, Spectrophotometry, Chemiluminescence, EIA

Biomarkers Reported:

See Page 39 - 44



CPTs

| 0290 Description | CPT # |
|-------------------------------------|--------------|
| Long Chain Fatty Acids | 82726 x5 |
| Additional Fatty Acids | 82542 |
| Amino Acids, Quant, 6 or more | 82139 |
| **Fibrinogen Antigen | 85385 |
| Vitamin D | 82306 |
| CoQ10, Lipid Peroxides | 82491 x2 |
| **Gamma Tocopherol | 82491 |
| Homocysteine | 83090 |
| Carotene | 82380 |
| Vitamin E | 84446 |
| Vitamin A | 84590 |
| Ferritin | 82728 |
| Insulin Total | 83525 |
| Lipoprotein A | 83695 |
| Low Density Lipoprotein | |
| Cholesterol | 83721 |
| Sex Hormone Binding Globulin | 84270 |
| Testosterone | 84403 |
| C-Reactive Protein High Sensitivity | 86141 |
| Lipid Panel | 80061 |
| Organic Acids | 83921 x19 |
| Citrate | 82507 |
| Homovanillic Acid | 83150 |
| Vanilmandelic Acid | 84585 |
| 5-Hydroxy Indoleacetic Acid | 83497 |
| Pyruvate | 84210 |
| **Lactic Acid | 83605 x2 |
| Creatinine | 82570 |
| D-Arabinitol Sugars | 84378 |
| **8-Hydroxy-2'-Deoxyguanosine | 83789 |
| Indican | 83789 |
| Sulfate | 84392 |
| Aluminum | 82108 |
| Selenium | 84255 |
| Heavy Metal Screen | |
| (Cadmium, Mercury, Arsenic) | 83015 |
| Magnesium | 83735 |
| Potassium | 84132 |
| Calcium | 82310 |
| Copper | 82525 |
| Zinc | 84630 |

**Not on 0390

*Not currently available in New York

‡ABN required

°Not available in Ohio

0400 TRIAD™ Profile* ‡

0410 TRIAD™ Bloodspot Profile*‡

Description:

This profile is a combination of the Allergix™ IgG4 Food Antibodies Assay (#0075), Organix Comprehensive (#0091) and Amino Acid Plasma-20 (#0011) profiles. The TRIAD™ Profile allows simultaneous assessment of food sensitivities and intestinal hyperpermeability; urinary microbial metabolites, detoxification indicators, functional vitamin and mineral sufficiency markers, and neural function markers; and essential amino acid status. The TRIAD Profile provides the clinician with a powerful array of clinical tools to design appropriate therapeutic interventions for the patient.

Specimen Type:

Blood/Urine

TAT:

14 days

Method:

LC/MS-MS, HPLC, Spectrophotometry, EIA

Biomarkers Reported:

See Page 39 - 44



CPTs

| Description | CPT # |
|-----------------------------|------------|
| Organic acid | 83921 x19 |
| **IgG4 Food Antibodies | 86001 x 90 |
| Vanilmandelate | 84585 |
| Sulfate Urine | 84392 |
| Pyruvate | 84210 |
| Indican | 83789 |
| 8-Hydroxy-2'-Deoxyguanosine | 83789 |
| Lactate | 83605 x2 |
| 5-Hydroxyindoleacetate | 83497 |
| Homovanillate | 83150 |
| Creatinine | 82570 |
| Citrate | 82507 |
| Amino acids | 82139 |
| D- Arabinitol | 84378 |

For 0410

| | |
|----------------------|------------|
| IgG4 Food Antibodies | 86001 x 30 |
|----------------------|------------|

**Not on 0410

*Not currently available in New York

‡ABN Required

4146 Women's Health Profile*‡

Description:

The Women's Health Profile is a combination of tests specifically designed for women. The Women's Health Profile measures organic acids, fatty acids, serum lipid peroxides, ADMA, markers of metabolic syndrome, and estrogen. It can also help assess risk factors associated with genetics, biochemical imbalances, and environmental influences.

Specimen Type:

Blood/Urine

TAT:

14 days

Method:

EIA, Spectrophotometry, LC/MS/MS, HPLC, GC/MS, Automated Chemistry, Chemiluminescence, Colorimetric

Biomarkers Reported:

See Page 39 - 44



CPTs

| Description | CPT # |
|-----------------------------|------------|
| 5HIAA | 83497 |
| Additional Fatty Acid | 82542 |
| ADMA | 82136 |
| Cholesterol HDL | 83718 |
| Cholesterol LDL | 83721 |
| Citrate | 82507 |
| Creatinine | 82570 |
| Estradiol | 82670 |
| Estrone | 82679x 5 |
| Glucose | 82947 |
| Homovanillate | 83150 |
| Insulin | 83525 |
| Lipid Peroxide | 82491 |
| Magnesium | 83735 |
| Organic Acids | 83921 x 19 |
| Pyruvate | 84210 |
| Triglycerides | 84478 |
| Vanilmandelate | 84585 |
| Very Long Chain Fatty Acids | 82726 |
| Zinc | 84630 |

*Not currently available in New York

‡ABN Required

ONE FMV®*

Description:

The ONE will help you understand your patients' individual diet and supplementation needs. This panel includes key organic acids to evaluate gastrointestinal function and functional need for vitamins, minerals, and co-factors. In addition, amino acids are measured to assess digestion, absorption, metabolic impairments, and nutritional deficits. Anti-oxidant reserves and the presence of oxidative injury are analyzed.

Specimen Type:

Urine

TAT:

14 days

Method:

EIA, HPLC, Enzymatic, GC-MS, Kinetic (Jaffe), LC-MS-MS, TBARS

Biomarkers Reported:

See Page 39 - 44



OPTIMAL NUTRITION EVALUATION
CPTs

| Description | CPT # |
|------------------------------|----------|
| Metabolic Analysis Profile | |
| 5-OH-indoleacetic Acid | 83497 |
| Citric Acid | 82507 |
| Creatinine | 82570 |
| Homovanillic Acid | 83150 |
| Lactic Acid | 83605 |
| Pyruvic Acid | 84210 |
| Vanilmandelic Acid | 84585 |
| Organic Acids | 83921x19 |
| Adipic Acid | |
| A-Ketoglutaric Acid | |
| B-OH-b-Methylglutaric Acid | |
| B-OH-Butyric Acid | |
| Isocitric Acid | |
| Malic Acid | |
| Suberic Acid | |
| Succinic Acid | |
| 2-Hydroxyphenylacetic Acid | |
| 3-Hydroxypropionic Acid | |
| 4-Hydroxyphenylpyruvic Acid | |
| A-Ketoadipic Acid | |
| A-Keto-b-Methylvaleric Acid | |
| A-Ketoisocaproic | |
| A-Ketoisovaleric | |
| Glutaric Acid | |
| Homogentisic Acid | |
| Methylmalonic Acid | |
| Orotic Acid | |
| Arabinose | |
| Benzoic/Hippuric Acids Ratio | |
| Citramalic Acid | |
| DHPPA | |
| Indoleacetic Acid | |
| Phenylacetic Acid | |
| Pyroglutamic Acid | |
| Cis-Aconitic Acid | |
| 3-Methyl-4-OH-phenylglycol | |
| Kynurenic Acid | |
| Formiminoglutamic Acid | |
| Amino Acids Analysis | |
| Amino Acids, Urine | 82139 |
| Oxidative Stress Analysis | |
| 8-OHdG | 83520 |
| Lipid Peroxides, Urine | 84311 |

*Not currently available in New York

Integrative Profiles Biomarkers Comparison Table

| Biomarkers Reported | NUTREVAL PLASMA* | NUTREVAL FMV* | ONE FMV* | #0090 ION ° | #0490 ION w AA40 ° | #0290 C/ION ° | #0400 TRIAD* | #0410 TRIAD BS* | #4146 WHP* |
|----------------------------------------------------------|------------------|---------------|----------|-------------|--------------------|---------------|--------------|-----------------|------------|
| *Not Available in New York °Not Available in Ohio | | | | | | | | | |
| Amino Acids | | | | | | | | | |
| 1-Methylhistidine | * | * | * | | * | | | | |
| 3-Methylhistidine | * | * | * | | * | | | | |
| α-Amino adipic Acid | * | * | * | | * | | | | |
| α-Amino-N-Butyric Acid | * | * | * | | * | | | | |
| β-Alanine | * | * | * | | * | | | | |
| β-Aminoisobutyric Acid | * | * | * | | * | | | | |
| Alanine | * | * | * | | * | | | | |
| Anserine | | * | * | | * | | | | |
| Arginine | * | * | * | * | * | * | * | * | * |
| Asparagine | * | * | * | * | * | * | * | * | |
| Aspartic Acid | * | * | * | * | * | * | * | * | |
| Carnosine | | * | * | | * | | | | |
| Citrulline | * | * | * | * | * | * | * | * | |
| Cystathionine | * | * | * | | * | | | | |
| Cysteine | * | * | * | | * | | | | |
| Cystine | | * | * | | * | | | | |
| Ethanolamine | * | * | * | | * | | | | |
| Gamma-Aminobutyric Acid | * | * | * | | * | | | | |
| Glutamic Acid | * | * | * | * | * | * | * | * | |
| Glutamine | * | * | * | * | * | * | * | * | |
| Glycine | * | * | * | * | * | * | * | * | |
| Histidine | * | * | * | * | * | * | * | * | |
| Homocysteine | | | | * | * | * | | | |
| Homocystine | | | | | * | | | | |
| Hydroxylysine | | | | | * | | | | |
| Hydroxyproline | | | | | * | | | | |
| Isoleucine | * | * | * | * | * | * | * | * | |
| Leucine | * | * | * | * | * | * | * | * | |
| Lysine | * | * | * | * | * | * | * | * | |
| Methionine | * | * | * | * | * | * | * | * | |
| Ornithine | * | * | * | * | * | * | * | * | |
| Phenylalanine | * | * | * | * | * | * | * | * | |
| Phosphoethanolamine | * | * | * | | * | | | | |
| Phosphoserine | * | * | | | * | | | | |
| Proline | * | * | * | | * | | | | |
| Sarcosine | * | * | * | | * | | | | |
| Serine | * | * | * | * | * | * | * | * | |
| Taurine | * | * | * | * | * | * | * | * | |
| Threonine | * | * | * | * | * | * | * | * | |
| Tryptophan | * | * | * | * | * | * | * | * | |
| Tyrosine | * | * | * | * | * | * | * | * | |
| Valine | * | * | * | * | * | * | * | * | |
| Urea | * | * | * | | * | | | | |
| Ammonia | * | * | * | | * | | | | |
| Amino Acid Ratios | | | | | | | | | |
| Arginine/Ornithine | | * | | | | | | | |
| Asparagine/Aspartate | * | | | | | | | | |
| Glutamine/Glutamate | * | | * | * | * | * | * | * | |
| Phenylalanine/Tyrosine | | | | * | * | * | * | * | |
| Hydroxyproline/Proline | | | | | * | | | | |
| α-ANB/Leucine | | | | | * | | | | |
| Tryptophan/LNAA (Large Neutral AA - Leu+Ile+Val+Phe+Tyr) | | | | * | * | * | * | * | |

Integrative Profiles Biomarkers Comparison Table

| Biomarkers Reported | NUTREVAL PLASMA* | NUTREVAL FMV* | ONE FMV* | #0090 ION ° | #0490 ION w AA40 ° | #0290 C/ION ° | #0400 TRIAD* | #0410 TRIAD BS* | #4146 WHP* |
|---------------------------------------------------|------------------|---------------|----------|-------------|--------------------|---------------|--------------|-----------------|------------|
| *Not Available in New York °Not Available in Ohio | | | | | | | | | |
| Cardiovascular Health | | | | | | | | | |
| Lipoprotein Factors | | | | | | | | | |
| Total Cholesterol | | | | | | • | | | |
| HDL Cholesterol | | | | | | • | | | • |
| Direct LDL | | | | | | • | | | • |
| Triglycerides | | | | | | • | | | • |
| Lipoprotein (a) | | | | | | • | | | |
| Lipoprotein Ratios | | | | | | • | | | |
| LDL/HDL | | | | | | • | | | |
| Total/HDL | | | | | | • | | | |
| Glucose | | | | | | | | | • |
| Insulin | | | | | | • | | | • |
| Chronic Inflammatory Markers | | | | | | | | | |
| C-Reactive Protein (HS) | | | | | | • | | | |
| Ferritin | | | | | | • | | | |
| Fibrinogen | | | | | | • | | | |
| Oxidant Stress Factors | | | | | | | | | |
| Coenzyme Q10 | | | | | | • | | | |
| Vitamin E | | | | | | | | | |
| Lipid Peroxides | | | | | | • | | | • |
| ADMA | | | | | | | | | • |
| Arginine/ADMA Ratio | | | | | | | | | • |
| Nutrient and Toxic Elements | | | | | | | | | |
| Nutrient Elements | | | | | | | | | |
| Calcium | | | | • | • | • | | | |
| Copper | • | • | | • | • | • | | | |
| Magnesium | • | • | | • | • | • | | | • |
| Manganese | • | • | | | | | | | |
| Potassium | • | • | | • | • | • | | | |
| Selenium | • | • | | • | • | • | | | |
| Zinc | • | • | | • | • | • | | | • |
| Toxic Elements | | | | | | | | | |
| Aluminum | | | | • | • | • | | | |
| Antimony | • | • | | | | | | | |
| Arsenic | • | • | | • | • | • | | | |
| Cadmium | • | • | | • | • | • | | | |
| Lead* | • | • | | • | • | • | | | |
| Mercury | • | • | | • | • | • | | | |
| Tin | • | • | | | | | | | |

Integrative Profiles Biomarkers Comparison Table

| Biomarkers Reported | NUTREVAL PLASMA* | NUTREVAL FMV* | ONE FMV* | #0090 ION ° | #0490 ION w AA40 ° | #0290 C/ION ° | #0400 TRIAD* | #0410 TRIAD BS* | #4146 WHP* |
|---------------------------------------------------|------------------|---------------|----------|-------------|--------------------|---------------|--------------|-----------------|------------|
| *Not Available in New York °Not Available in Ohio | | | | | | | | | |
| Fatty Acids | | | | | | | | | |
| Polyunsaturated Omega-3 | | | | | | | | | |
| Alpha-Linolenic Acid (ALA) | • | • | | • | • | • | | | |
| Docosahexaenoic Acid (DHA) | • | • | | • | • | • | | | • |
| Docosapentaenoic Acid | • | • | | • | • | • | | | • |
| Eicosapentaenoic Acid (EPA) | • | • | | • | • | • | | | • |
| % Omega-3s | • | • | | | | | | | |
| Polyunsaturated Omega-6 | | | | | | | | | |
| Arachidonic Acid | • | • | | • | • | • | | | • |
| Dihomogamma Linolenic Acid (DGLA) | • | • | | • | • | • | | | |
| Docasadienoic Acid | | | | • | • | • | | | |
| Docosatetraenoic Acid | • | • | | • | • | • | | | |
| Eicosadienoic Acid | • | • | | • | • | • | | | |
| Gamma Linolenic Acid (GLA) | • | • | | • | • | • | | | |
| Linoleic Acid (LA) | • | • | | • | • | • | | | |
| % Omega-6s | • | • | | | | | | | |
| Polyunsaturated Omega-9 | | | | | | | | | |
| Mead Acid | | | | • | • | • | | | |
| % Omega-9s | • | • | | | | | | | |
| Monounsaturated Omega-7 | | | | | | | | | |
| 11-Eicosenoic Acid | | | | • | • | • | | | |
| Myristoleic Acid | | | | • | • | • | | | |
| Nervonic Acid | • | • | | • | • | • | | | |
| Oleic Acid | • | • | | • | • | • | | | |
| Palmitoleic Acid | • | • | | • | • | • | | | |
| Vaccenic Acid | • | • | | • | • | • | | | |
| Saturated | | | | | | | | | |
| Arachidic Acid | • | • | | • | • | • | | | |
| Behenic Acid | • | • | | • | • | • | | | |
| Capric Acid | | | | • | • | • | | | |
| Hexacosanoic Acid | | | | • | • | • | | | |
| Lauric Acid | | | | • | • | • | | | |
| Lignoceric Acid | • | • | | • | • | • | | | |
| Margaric Acid | • | • | | | | | | | |
| Myristic Acid | | | | • | • | • | | | |
| Palmitic Acid | • | • | | • | • | • | | | |
| Stearic Acid | • | • | | • | • | • | | | |
| % Saturated Fats | • | • | | | | | | | |
| Odd Chain | | | | | | | | | |
| Heneicosanoic Acid | | | | • | • | • | | | |
| Heptadecanoic Acid | | | | • | • | • | | | |
| Nonadecanoic Acid | | | | • | • | • | | | |
| Pentadecanoic Acid | • | • | | • | • | • | | | |
| Tricosanoic Acid | • | • | | • | • | • | | | |
| Trans | | | | | | | | | |
| Elaidic Acid | • | • | | | | | | | |
| Palmitelaidic Acid | | | | • | • | • | | | |
| Total C:18 Trans | | | | • | • | • | | | |
| Ratios (calculated)/Various | | | | | | | | | |
| LA/GLA | | | | | | | | | |
| LA/DGLA | • | • | | • | • | • | | | |
| EPA/DGLA | | | | • | • | • | | | |
| AA/EPA | • | • | | • | • | • | | | • |
| Triene/Tetraene | | | | • | • | • | | | |
| Stearic/Oleic | | | | | | | | | |
| Omega-6s/ Omega-3s | • | • | | | | | | | |
| Index of Omega-3 | • | | | | | | | | |



Integrative Profiles Biomarkers Comparison Table

| Biomarkers Reported | NUTREVAL PLASMA* | NUTREVAL FMV* | ONE FMV* | #0090 ION ° | #0490 ION w AA40 ° | #0290 C/ION ° | #0400 TRIAD* | #0410 TRIAD BS* | #4146 WHP* |
|----------------------------------------------------|------------------|---------------|----------|-------------|--------------------|---------------|--------------|-----------------|------------|
| *Not Available in New York °Not Available in Ohio | | | | | | | | | |
| Organic Acids | | | | | | | | | |
| Nutrient Cellular and Mitochondrial Markers | | | | | | | | | |
| Fatty Acid Metabolism | | | | | | | | | |
| Adipate | . | . | . | . | . | . | . | . | . |
| Suberate | . | . | . | . | . | . | . | . | . |
| Ethylmalonate | | | | . | . | . | . | . | . |
| Carbohydrate Metabolism | | | | | | | | | |
| Pyruvate | . | . | . | . | . | . | . | . | . |
| Lactic Acid | . | . | . | | | | | | |
| L-Lactate | | | | . | . | . | . | . | |
| β-Hydroxybutyrate | | | | . | . | . | . | . | |
| β-OH-β-Methylglutaric Acid | | . | | | | | | | |
| β-OH-Butyric Acid (BHBA) | . | . | | | | | | | |
| Energy Production (Citric Acid Cycle) | | | | | | | | | |
| Citrate | . | . | . | . | . | . | . | . | . |
| cis-Aconitate | . | . | . | . | . | . | . | . | . |
| Isocitrate | . | . | . | . | . | . | . | . | . |
| α-Ketoglutarate | . | . | . | . | . | . | . | . | . |
| Succinate | . | . | . | . | . | . | . | . | . |
| Fumarate | | | | . | . | . | . | . | . |
| Malate | . | . | . | . | . | . | . | . | . |
| Hydroxymethylglutarate | . | . | . | . | . | . | . | . | . |
| Vitamin Markers | | | | | | | | | |
| B-Complex Vitamin Markers | | | | | | | | | |
| α-Ketoadipic Acid | . | . | . | | | | | | |
| α-Ketoisovalerate | . | . | . | . | . | . | . | . | . |
| α-Ketoisocaproate | . | . | . | . | . | . | . | . | . |
| α-Keto-β-Methylvalerate | . | . | . | . | . | . | . | . | . |
| Xanthurenate | . | . | . | . | . | . | . | . | . |
| β-Hydroxyisovalerate | | | | . | . | . | . | . | . |
| Glutaric Acid | . | . | . | | | | | | |
| 3-Hydroxypropionic Acid | . | . | . | | | | | | |
| Isovalerylglycine | . | . | . | | | | | | |
| 3-Hydroxyisovaleric Acid | . | . | . | . | | | | | |
| Methylation Cofactor Markers | | | | | | | | | |
| Methylmalonate | . | . | | . | . | . | . | . | . |
| Formiminoglutamate | . | . | | . | . | . | . | . | . |
| Cell Regulation Markers | | | | | | | | | |
| Neurotransmitter Metabolism Markers | | | | | | | | | |
| Vanilmandelate | . | . | . | . | . | . | . | . | . |
| Homovanillate | . | . | . | . | . | . | . | . | . |
| 5-Hydroxyindoleacetate | . | . | . | . | . | . | . | . | . |
| Kynurenate | . | . | . | . | . | . | . | . | . |
| Quinolinate | . | . | . | . | . | . | . | . | . |
| Kynurenic / Quinolinic Ratio | . | . | . | | | | | | |
| 3-Methyl-4-OH-phenylglycol | . | . | . | | | | | | |
| Picolinate | | | | . | . | . | . | . | . |
| Oxidative Damage and Antioxidant Markers | | | | | | | | | |
| p-Hydroxyphenyllactate | | | | . | . | . | . | . | |
| Lipid Peroxides | . | . | . | | | | | | |

Integrative Profiles Biomarkers Comparison Table

| Biomarkers Reported | NUTREVAL PLASMA* | NUTREVAL FMV* | ONE FMV* | #0090 ION ° | #0490 ION w AA40 ° | #0290 C/ION ° | #0400 TRIAD* | #0410 TRIAD BS* | #4146 WHP* |
|---------------------------------------------------|------------------|---------------|----------|-------------|--------------------|---------------|--------------|-----------------|------------|
| *Not Available in New York °Not Available in Ohio | | | | | | | | | |
| Organic Acids | | | | | | | | | |
| Toxicants and Detoxification | | | | | | | | | |
| a-Ketophenylacetic Acid | • | • | • | | | | | | |
| a-Hydroxyisobutyric Acid | • | • | • | | | | | | |
| 2-Methylhippurate | | | | • | • | • | • | • | • |
| Orotate | • | • | • | • | • | • | • | • | • |
| Glucarate | | | | • | • | • | • | • | • |
| a-Hydroxybutyrate | | | | • | • | • | • | • | • |
| Pyroglutamate | • | • | • | • | • | • | • | • | • |
| Sulfate | | | | • | • | • | • | • | |
| Tyrosine Metabolism | | | | | | | | | |
| 2-Hydroxyphenylacetic Acid | • | • | • | | | | | | |
| Homogentisic Acid | • | • | • | | | | | | |
| Malabsorption and Dysbiosis Markers | | | | | | | | | |
| Malabsorption Markers | | | | | | | | | |
| Indoleacetic Acid | • | • | • | | | | | | |
| Bacterial /Yeast Dysbiosis Markers | | | | | | | | | |
| Bacterial - general | | | | | | | | | |
| Benzoate | • | • | • | • | • | • | • | • | |
| Hippurate | • | • | • | • | • | • | • | • | |
| Benzoic/Hippuric Acids Ratio | | | | | | | | | |
| Dihydroxyphenylpropionic Acid (DHPPA) | • | • | • | | | | | | |
| 3-Hydroxypropionic Acid | • | • | • | | | | | | |
| 4-Hydroxyphenylpyruvic Acid | • | • | • | | | | | | |
| Phenylpropionate | | | | • | • | • | • | • | |
| Phenylacetate | • | • | • | • | • | • | • | • | |
| p-Hydroxybenzoate | | | | • | • | • | • | • | |
| p-Hydroxyphenylacetate | | | | • | • | • | • | • | |
| Indican | | | | • | • | • | • | • | |
| Tricarballic acid | | | | • | • | • | • | • | |
| L. acidophilus/general bacterial | | | | | | | | | |
| D-Lactate | | | | • | • | • | • | • | |
| Clostridial species | | | | | | | | | |
| 3,4 Dihydroxyphenylpropionate | | | | • | • | • | • | • | |
| Yeast/Fungal | | | | | | | | | |
| D-Arabinitol | | | | • | • | • | • | • | |
| Arabinose | • | • | • | | | | | | |
| Citramalic Acid | • | • | • | | | | | | |
| Tartaric Acid | • | • | • | | | | | | |
| Oxidative Stress | | | | | | | | | |
| Coenzyme Q10 | • | • | | • | • | • | | | |
| Alpha tocopherol | • | • | | • | • | • | | | |
| Gamma tocopherol | | | | • | • | • | | | |
| Vitamin A | | • | | • | • | • | | | |
| β-Carotene | | • | | • | • | • | | | |
| Lipid Peroxides | • | • | • | • | • | • | | | • |
| Vitamin D | | | | • | • | • | | | |
| Glutathione | • | • | | | | | | | |
| 8-Hydroxy-2'-deoxyguanosine | • | • | • | • | • | • | • | • | |

Integrative Profiles Biomarkers Comparison Table

| Biomarkers Reported | NUTREVAL PLASMA* | NUTREVAL FMV* | ONE FMV* | #0090 ION ° | #0490 ION w AA40 ° | #0290 C/ION ° | #0400 TRIAD* | #0410 TRIAD BS* | #4146 WHP* |
|------------------------------------------------------------------|------------------|---------------|----------|-------------|--------------------|---------------|--------------|-----------------|------------|
| *Not Available in New York °Not Available in Ohio | | | | | | | | | |
| Estrogen Metabolism | | | | | | | | | |
| 2-hydroxyestrone (2-OHE1) | | | | | | | | | • |
| 2-hydroxyestradiol (2-OHE2) | | | | | | | | | • |
| 2-OHE1 + 2-OHE2 | | | | | | | | | • |
| 4-hydroxyestrone (4-OHE1) | | | | | | | | | • |
| 16α-hydroxyestrone (16α-OHE1) | | | | | | | | | • |
| 2-methoxyestrone (2-OMeE1) | | | | | | | | | • |
| 4-methoxyestrone (4-OMeE1) | | | | | | | | | • |
| Ratios | | | | | | | | | |
| (2-OHE1 + 2-OHE2)/16α-OHE1 | | | | | | | | | • |
| 2-OHE/2-OMeE1 | | | | | | | | | • |
| Other Biomarkers | | | | | | | | | |
| Creatinine | • | • | • | | | | | | |
| Additional Profiles | | | | | | | | | |
| IgG4 Food Antibodies - 90 antigens (see pg. 34 for full listing) | | | | + | + | + | • | | |
| IgG4 Food Antibodies - 30 antigens (see pg.34 for full listing) | | | | | | | | • | |
| Vitamin K | | | | + | + | + | | | |

0091 Organix® Comprehensive Profile*‡

0391 Organix® Comprehensive Profile NY ‡

0291 Organix® Basic Profile* ‡

3291 Organix® Basic Profile NY ‡

0097 Organix® Dysbiosis Profile* ‡

0397 Organix® Compounds of Microbial Origin Profile NY ‡

Description:

The Organix® Comprehensive Profile provides a view into the body's cellular metabolic processes and the efficiency of metabolic function. Identifying metabolic blocks that can be treated nutritionally allows individual tailoring of interventions that maximize patient responses and lead to improved patient outcomes. Organic acids are metabolic intermediates that are produced in pathways of central energy production, detoxification, neurotransmitter breakdown, or intestinal microbial activity. Marked accumulation of specific organic acids detected in urine often signals a metabolic inhibition or block. The metabolic block may be due to a nutrient deficiency, an inherited enzyme deficit, toxic build-up, or drug effect. Several of the biomarkers are markers of intestinal bacterial or yeast overgrowth.

Specimen Type:

Urine

TAT:

14 days

Method:

LC/MS-MS Tandem Mass Spectrometry

Biomarkers Reported:

See Page 47 - 48



CPTs

| Description | CPT # |
|-----------------------------------|-----------|
| 0091 Organix Comprehensive | |
| 5-Hydroxyindoleacetate | 83497 |
| 8-Hydroxy-2'-Deoxyguanosine | 83789 |
| D-Arabinitol | 84378 |
| Citrate | 82507 |
| Creatinine | 82570 |
| Homovanillate | 83150 |
| Indican | 83789 |
| Lactate | 83605x 2 |
| Organic Acid | 83921x 19 |
| Pyruvate | 84210 |
| Sulfate, Urine | 84392 |
| Vanilmandelate | 84585 |

0291 Organix Basic

| | |
|------------------------|-----------|
| 5-HydroxyIndoleacetate | 83497 |
| Citrate | 82507 |
| Creatinine | 82570 |
| **Lactate | 83605 |
| Homovanillate | 83150 |
| Organic Acid | 83921x 19 |
| Pyruvate | 84210 |
| Vanilmandelate | 84585 |
| **Not on 3291 | |

0097 Organix Dysbiosis

| | |
|----------------|----------|
| **D-Arabinitol | 84378 |
| Creatinine | 82570 |
| Indican | 83789 |
| **Lactate | 83605 |
| Organic Acid | 83921x 8 |
| **Not on 0397 | |

*Not currently available in New York
‡ABN Required

Metabolic Analysis Profile*

Description:

This test measures four critical areas of metabolism: gastrointestinal function and dysbiosis markers, cellular and mitochondrial energy metabolites, neurotransmitter metabolites, and functionally important organic acid metabolites of amino acids. The reference ranges for this test apply to children (2-12 yrs) and adults.

Includes 38 organic acids ratioed to creatinine, including 8 gastrointestinal metabolites, 13 cellular energy metabolites, 4 neurotransmitter metabolites, and 14 amino acid metabolites.

Specimen Type:

Urine

TAT:

14 days

Method:

Kinetic (Jaffe), GC-MS, LC-MS-MS

Biomarkers Reported:

See Page 47 - 48

Metabolic Analysis Profile

CPTs

| Description | CPT # |
|------------------------------|----------|
| 5-OH-indoleacetic Acid | 83497 |
| Citric Acid | 82507 |
| Creatinine | 82570 |
| Homovanillic Acid | 83150 |
| Lactic Acid | 83605 |
| Pyruvic Acid | 84210 |
| Vanilmandelic Acid | 84585 |
| Organic Acids include: | 83921x19 |
| Adipic Acid | |
| A-Ketoglutaric Acid | |
| B-OH-b-Methylglutaric Acid | |
| B-OH-Butyric Acid | |
| Fumaric Acid | |
| Isocitric Acid | |
| Malic Acid | |
| Suberic Acid | |
| Succinic Acid | |
| 2-Hydroxyphenylacetic Acid | |
| 3-Hydroxypropionic Acid | |
| 4-Hydroxyphenylpyruvic Acid | |
| A-Ketoadipic Acid | |
| A-Keto-b-Methylvaleric Acid | |
| A-Ketoisocaproic | |
| A-Ketisovaleric | |
| Glutaric Acid | |
| Homogentisic Acid | |
| Methylmalonic Acid | |
| Orotic Acid | |
| Arabinose | |
| Benzoic/Hippuric Acids Ratio | |
| Citramalic Acid | |
| DHPPA | |
| Indoleacetic Acid | |
| Phenylacetic Acid | |
| Pyroglutamic Acid | |
| Tartaric Acid | |
| Cis-Aconitic Acid | |
| 3-Methyl-4-OH-phenylglycol | |
| Kynurenic Acid | |
| Formiminoglutamic Acid | |

*Not currently available in New York

Organic Acid Profiles Biomarkers Comparison Table

| Biomarkers reported | MAP* | #0091 ORGX COMP* #0391 ORGX COMP NY | #0291 ORGX BASIC* #3291 ORGX BASIC NY | #0097 ORGX DYSB* #0397 ORGX CMOP NY |
|----------------------------------------------------|------|----------------------------------------|------------------------------------------|----------------------------------------|
| *Not Available in New York | | | | |
| Nutrient Cellular and Mitochondrial Markers | | | | |
| Fatty Acid Metabolism | | | | |
| Adipate | . | . | . | |
| Suberate | . | . | . | |
| Ethylmalonate | | . | . | |
| Carbohydrate Metabolism | | | | |
| Pyruvate | . | . | . | |
| Lactic Acid | . | | | |
| L-Lactate | | . | . | |
| β-Hydroxybutyrate | | . | . | |
| β-OH-β-Methylglutaric Acid (HMG) | . | | | |
| β-OH-Butyric Acid (BHBA) | . | | | |
| Energy Production (Citric Acid Cycle) | | | | |
| Citrate | . | . | . | |
| cis-Aconitate | . | . | . | |
| Isocitrate | . | . | . | |
| α-Ketoglutarate (AKG) | . | . | . | |
| Succinate | . | . | . | |
| Fumarate | | . | . | |
| Malate | . | . | . | |
| Hydroxymethylglutarate | . | . | . | |
| Vitamin Markers | | | | |
| B-Complex Vitamin Markers | | | | |
| α-Ketoadipic Acid | . | | | |
| α-Ketoisovalerate | . | . | . | |
| α-Ketoisocaproate | . | . | . | |
| α-Keto-β-Methylvalerate | . | . | . | |
| Xanthurenate | . | . | . | |
| β-Hydroxyisovalerate | | . | . | |
| Glutaric Acid | . | | | |
| 3-Hydroxypropionic Acid | . | | | |
| 3-Hydroxyisovaleric Acid | . | | | |
| Isovalerylglycine | . | | | |
| Methylation Cofactor Markers | | | | |
| Methylmalonate | . | . | . | |
| Formiminoglutamate | . | . | . | |
| Cell Regulation Markers | | | | |
| Neurotransmitter Metabolism Markers | | | | |
| Vanilmandelate | . | . | . | |
| Homovanillate | . | . | . | |
| 5-Hydroxyindoleacetate | . | . | . | |
| Kynurenate | . | . | . | |
| Quinolate | . | . | . | |
| Kynurenic / Quinolinic Ratio | . | | | |
| 3-Methyl-4-OH-phenylglycol | . | | | |
| Picolinate | | . | . | |

Organic Acid Profiles Biomarkers Comparison Table

| Biomarkers reported | MAP* | #0091 ORGX COMP* #0391 ORGX COMP NY | #0291 ORGX BASIC* #3291 ORGX BASIC NY | #0097 ORGX DYSB* #0397 ORGX CMOP NY |
|-------------------------------------------------|------|----------------------------------------|------------------------------------------|----------------------------------------|
| *Not Available in New York | | | | |
| Oxidative Damage and Antioxidant Markers | | | | |
| p-Hydroxyphenyllactate | | • | | |
| Lipid Peroxides | | | | |
| 8-Hydroxy-2'-deoxyguanosine | | • | | |
| Toxicants and Detoxification | | | | |
| a-Ketophenylacetic Acid (from Styrene) | • | | | |
| a-Hydroxyisobutyric Acid (from MTBE) | • | | | |
| 2-Methylhippurate | | • | • | |
| Orotate | • | • | • | |
| Glucarate | • | • | • | |
| a-Hydroxybutyrate | | • | • | |
| Pyroglutamate | • | • | • | |
| Sulfate | | • | • | |
| Tyrosine Metabolism | | | | |
| 2-Hydroxyphenylacetic Acid | • | | | |
| Homogentisic Acid | • | | | |
| Malabsorption and Dysbiosis Markers | | | | |
| Malabsorption Markers | | | | |
| Indoleacetic Acid (IAA) | • | | | |
| Phenylacetate (PAA) | • | • | | • |
| Bacterial /Yeast Dysbiosis Markers | | | | |
| Bacterial - general | | | | |
| Benzoate | • | • | | • |
| Hippurate | • | • | | • |
| Dihydroxyphenylpropionic Acid (DHPPA) | • | | | |
| 3-Hydroxyphenylacetic Acid | • | | | |
| 4-Hydroxyphenylacetic Acid | • | | | |
| Phenylpropionate | | • | | • |
| p-Hydroxybenzoate | | • | | • |
| p-Hydroxyphenylacetate | | • | | • |
| Indican | | • | | • |
| Tricarballylate | | • | | • |
| L. acidophilus/general bacterial | | | | |
| D-Lactate | | • | | • |
| Clostridial species | | | | |
| 3,4 Dihydroxyphenylpropionate | | • | | • |
| Yeast/Fungal | | | | |
| D-Arabinitol | | • | | • |
| Arabinose | • | | | |
| Citramalic Acid | • | | | |
| Tartaric Acid | • | | | |
| Creatinine | • | | | |

Amino Acids Analysis, Urine* ‡

Description:

Quantifies levels of excretion of amino acids and their metabolites, and evaluates essential and non-essential amino acid nutrient status in the urine. It can also indicate functional deficiencies of a number of mineral and vitamin cofactors. Indicated for patients with suspected inadequate protein utilization and other metabolic disorders including depression.

Metabolic Markers for Urine Representativeness, Nutritionally Essential and Semi-Essential Amino Acids, Dietary Peptide-Related Markers, Non-essential Protein Amino Acids, Intermediary Metabolites and Diagnostic Markers.

Specimen Type:

Urine

TAT:

10 days

Method:

Kinetic (Jaffe), HPLC, Enzymatic

Biomarkers Reported:

See Page 51

Amino Acids Analysis, Urine NUTRITIONAL

CPTs

| Description | CPT # |
|--------------------|-------|
| Amino Acids, Urine | 82139 |

*Not currently available in New York
‡ABN Required

Amino Acids Analysis, Plasma*‡

Description:

Quantifies levels of circulating amino acids and their metabolites, and evaluates essential and non-essential amino acid nutrient status in the blood. Also can indicate functional deficiencies of a number of mineral and vitamin cofactors. Indicated for patients with suspected inadequate protein utilization and other metabolic disorders including arthritis and depression.

Metabolic Markers for Plasma Representativeness, Nutritionally Essential and Semi-Essential Amino Acids, Dietary Peptide-Related Markers, Non-essential Protein Amino Acids, Intermediary Metabolites and Diagnostic Markers.

Specimen Type:

Plasma

TAT:

10 days

Method:

HPLC

Biomarkers Reported:

See Page 51

Amino Acids Analysis, Plasma NUTRITIONAL

CPTs

| Description | CPT # |
|---------------------|-------|
| Amino Acids, Plasma | 82139 |

*Not currently available in New York
‡ABN Required

0010 Amino Acids 40 Profile*‡

0310 Amino Acids 40 Profile NY ‡

0011 Amino Acids 20 Profile* ‡

0311 Amino Acids 20 Profile NY ‡

Description:

Fasting plasma levels of amino acids represent homeostatic balance between supply and utilization of these critical building blocks. Problems in amino acid metabolism are revealed by the amino acids and metabolites that are reported in categories according to function. Amino acid analysis helps with determination of amino acid imbalances, evaluation of functional vitamin and mineral deficiencies, and diagnosis of metabolic disorders. A formula for a custom amino acid blend is provided with every plasma amino acid test result. This blend can be made by any compounding pharmacy.

Specimen Type:

Plasma

TAT:

10 days

Method:

0010/0310 - ION Exchange HPLC

0011/0311 - HPLC

Biomarkers Reported:

See Page 51

Amino Acids Plasma

NUTRITIONAL

CPTs

| Description | CPT # |
|-----------------------------------------|-------|
| For 0010/0310 Amino Acids, 40 | 82139 |
| For 0011/0311 Amino Acids, 20 | 82139 |

*Not currently available in New York
‡ABN required

0013 BloodspotSM Amino Acids 11 Profile* ‡

0113 BloodspotSM Amino Acids 20 Profile* ‡

Description:

The BloodspotSM Amino Acid Assay is a fingerstick amino acid test that measures all of the essential plus key nonessential amino acids. Fasting levels of amino acids represent homeostatic balance between supply and utilization of these critical building blocks. The Bloodspot Amino Acid Assay is a non-invasive alternative to the blood draw in determining essential amino acid status. The test kit is simple enough for the patient to use at home. A formula for a custom amino acid blend is provided with every Bloodspot Amino Acid test result. This blend can be made by any compounding pharmacy.

Specimen Type:

Blood spot

TAT:

14 days

Method:

HPLC

Biomarkers Reported:

See Page 51

Bloodspot Amino Acids 11

NUTRITIONAL

CPTs

| Description | CPT # |
|----------------------------------------------|-------|
| For 0013 Blood Spot Amino Acids 11 | 82139 |
| For 0113 Blood Spot Amino Acids 20 | 82139 |

*Not currently available in New York
‡ABN required

Amino Acid Profiles Biomarkers Comparison Table

| Biomarkers reported | #0010*/0310 NY AA40 PLSM | #0011*/0311 NY AA20 PLSM | #0113 AA20 BS* | #0013 AA11 BS* | AA Analysis Plasma* | AA Analysis Urine* |
|----------------------------------------------------------|-----------------------------|-----------------------------|-------------------|-------------------|------------------------|-----------------------|
| *Not Available in New York | | | | | | |
| 1-Methylhistidine | . | | | | . | . |
| 3-Methylhistidine | . | | | | . | . |
| a-Aminoadipic Acid | . | | | | . | . |
| a-Amino-N-Butyric Acid | . | | | | . | . |
| β-Alanine | . | | | | . | . |
| β-Aminoisobutyric Acid | . | | | | . | . |
| Alanine | . | | | | . | . |
| Anserine | . | | | | . | . |
| Arginine | . | . | . | . | . | . |
| Asparagine | . | . | . | | . | . |
| Aspartic Acid | . | . | . | | . | . |
| Carnosine | . | | | | . | . |
| Citrulline | . | . | . | | . | . |
| Cystathionine | . | | | | . | . |
| Cysteine | | | | | . | . |
| Cystine | . | | | | . | . |
| Ethanolamine | . | | | | . | . |
| Gamma-Aminobutyric Acid | . | | | | . | . |
| Glutamic Acid | . | . | . | | . | . |
| Glutamine | . | . | . | | . | . |
| Glycine | . | . | . | | . | . |
| Histidine | . | . | . | . | . | . |
| Homocystine | . | | | | . | . |
| Hydroxylysine | . | | | | . | . |
| Hydroxyproline | . | | | | . | . |
| Isoleucine | . | . | . | . | . | . |
| Leucine | . | . | . | . | . | . |
| Lysine | . | . | . | . | . | . |
| Methionine | . | . | . | . | . | . |
| Ornithine | . | . | . | | . | . |
| Phenylalanine | . | . | . | . | . | . |
| Phosphoethanolamine | . | | | | . | . |
| Phosphoserine | . | | | | . | . |
| Proline | . | | | | . | . |
| Sarcosine | . | | | | . | . |
| Serine | . | . | . | | . | . |
| Taurine | . | . | . | . | . | . |
| Threonine | . | . | . | . | . | . |
| Tryptophan | . | . | . | . | . | . |
| Tyrosine | . | . | . | | . | . |
| Valine | . | . | . | . | . | . |
| Amino Acid Ratios | | | | | | |
| Arginine/Ornithine | | | | | . | . |
| Asparagine/Aspartate | | | | | . | . |
| Glutamine/Glutamate | . | . | . | | . | . |
| Phenylalanine/Tyrosine | . | . | . | | . | . |
| Hydroxyproline/Proline | . | | | | . | . |
| α-ANB/Leucine | . | | | | . | . |
| Tryptophan/LNAA (Large Neutral AA - Leu+Ile+Val+Phe+Tyr) | . | . | . | . | . | . |
| Other Markers | | | | | | |
| Ammonia | | | | | . | . |
| Urea | | | | | . | . |
| Creatinine | | | | | . | . |
| 24hr Urine Volume | | | | | . | . |
| Plasma Representativeness Index | | | | | . | . |
| Plasma Representativeness Index | | | | | . | . |

Essential & Metabolic Fatty Acids Analysis

Description:

Evaluates the level of red cell membrane fatty acids, imbalances of which significantly affect inflammatory and other disorders. By knowing the various fatty acid levels, one can re-establish a balance using nutritional intervention.

Specimen Type:

Whole Blood

TAT:

14 days

Method:

GC/MS

Biomarkers Reported:

See Page 54

CPTs

| Description | CPT # |
|-------------------------------------|-------|
| Essential and Metabolic Fatty Acids | 82542 |
| Arachidic | |
| Arachidonic | |
| Behenic | |
| Dihomo-γ-linolenic | |
| Docosapentaenoic | |
| Docosahexaenoic | |
| Docosatetraenoic | |
| Eicosadienoic | |
| Eicosapentaenoic | |
| Elaidic | |
| α-Linolenic | |
| Linoleic | |
| γ-Linolenic | |
| Margaric | |
| Oleic | |
| Palmitic | |
| Palmitoleic | |
| Pentadecanoic | |
| Stearic | |
| Tricosanoic | |
| Vaccenic | |

Essential & Metabolic Fatty Acids NUTRITIONAL

| | |
|-----------------------|-------|
| Behenic Acid | 82726 |
| Docosatetraenoic Acid | 82726 |
| Lignoceric Acid | 82726 |
| Nervonic Acid | 82726 |
| Tricosanoic Acid | 82726 |

0041 Fatty Acids - Erythrocytes*‡

0341 Fatty Acids - Erythrocytes NY‡

Description:

Red blood cell membrane levels of fatty acids reveal metabolic effects and long-term balance in the tissues. This test is preferred to assess nutritional status of the critical eicosanoid and long chain fatty acids necessary for membrane stabilization.

Specimen Type:

Whole Blood

TAT:

14 days

Method:

GC/MS

Biomarkers Reported:

See Page 54

Fatty Acids Erythrocytes NUTRITIONAL

CPTs

| Description | CPT # |
|--------------------------------|-----------|
| Fatty acids | 82726 x20 |
| Red blood cell (RBC) membranes | |
| - Fatty acids | 0111T x9 |
| Additional Fatty Acids | 82542 |

*Not currently available in New York

‡ABN required

0040 Fatty Acids - Plasma†*

0340 Fatty Acids NY - Plasma‡

Description:

Plasma fatty acid levels reflect body stores as influenced by recent dietary intake and are useful for monitoring response to supplementation and dietary modifications. Plasma levels are preferred for assessment of dietary adequacy of these essential fatty acids as revealed by adipose tissue composition. Mead acid and the triene/tetraene ratio reveal chronic essential fatty acid insufficiency.

Specimen Type:

Plasma

TAT:

14 days

Method:

GC/MS

Biomarkers Reported:

See Page 54

Fatty Acids Plasma

NUTRITIONAL

CPTs

| Description | CPT # |
|-----------------------------|----------|
| Additional Fatty Acids | 82542 |
| Very Long Chain Fatty Acids | 82726x 9 |

*Not currently available in New York

‡ABN Required

0241 BloodspotSM Fatty Acids Profile* ‡

Description:

The BloodspotSM Fatty Acid Profile measures key omega-3 and omega-6 fatty acids and calculates key indicators to establish your optimal balance. Trans fatty acids—the “bad” oils in processed foods—are also measured. Individual fatty acids are measured as a percent of the total measurable fatty acids.

Specimen Type:

Blood Spot

TAT:

10 days

Method:

GC/MS

Biomarkers Reported:

See Page 54

Bloodspot Fatty Acids

NUTRITIONAL

CPTs

| Description | CPT # |
|-----------------------------|-------|
| Additional Fatty Acids | 82542 |
| Very Long Chain Fatty Acids | 82726 |

*Not currently available in New York

‡ABN Required

Fatty Acid Profiles Biomarkers Comparison Table

| Biomarkers reported | #0040 FA* #0340 FA NY PLASMA | #0041 FA* #0241 FA NY WHOLE BLD | #0241 FA* BLOOD SPOT | ESSENTIAL AND METABOLIC FA |
|------------------------------------|------------------------------------|---------------------------------------|-------------------------|-------------------------------|
| *Not Available in New York | | | | |
| Polyunsaturated Omega-3 | | | | |
| Alpha-Linolenic Acid (ALA) | • | • | • | • |
| Docosahexaenoic Acid (DHA) | • | • | • | • |
| Docosapentaenoic Acid | • | • | | • |
| Eicosapentaenoic Acid (EPA) | • | • | • | • |
| % Omega-3 | | | | • |
| Polyunsaturated Omega-6 | | | | |
| Arachidonic Acid | • | • | • | • |
| Dihomogamma Linolenic Acid (DGLA) | • | • | • | • |
| Docasadienoic Acid | • | • | | |
| Docosatetraenoic Acid | • | • | | • |
| Eicosadienoic Acid | • | • | | • |
| Gamma Linolenic Acid (GLA) | • | • | • | • |
| Linoleic Acid | • | • | • | • |
| % Omega-6 | | | | • |
| Polyunsaturated Omega-9 | | | | |
| Mead Acid | • | • | | |
| % Omega-9 | | | | • |
| Monounsaturated | | | | |
| 11-Eicosenoic Acid | • | • | | |
| Myristoleic Acid | • | • | | |
| Nervonic Acid | • | • | | • |
| Oleic Acid | • | • | | • |
| Palmitoleic Acid | • | • | | • |
| Vaccenic Acid | • | • | | • |
| Saturated | | | | |
| Arachidic Acid | • | • | | • |
| Behenic Acid | • | • | | • |
| Capric Acid | • | • | | |
| Hexacosanoic Acid | • | • | | |
| Lauric Acid | • | • | | |
| Lignoceric Acid | • | • | | • |
| Margaric Acid | • | • | | • |
| Myristic Acid | • | • | | |
| Palmitic Acid | • | • | | • |
| Stearic Acid | • | • | | • |
| % Saturated Fats | | | | • |
| Odd Chain | | | | |
| Heneicosanoic Acid | • | • | | |
| Heptadecanoic Acid | • | • | | |
| Nonadecanoic Acid | • | • | | |
| Pentadecanoic Acid | • | • | | • |
| Tricosanoic Acid | • | • | | • |
| Trans | | | | |
| Elaidic Acid | | | | • |
| Palmitelaidic Acid | • | | | |
| Total C:18 Trans | • | • | • | |
| Ratios (calculated)/Various | | | | |
| LA/GLA | | | • | |
| Linoleic/DGLA | • | • | | • |
| EPA/DGLA | • | • | • | |
| AA/EPA | • | • | • | • |
| Triene/Tetraene | • | | | |
| Stearic/Oleic | | • | | |
| Omega-6s/Omega-3s | | | | • |
| Index Of Omega-3s | | | • | • |

0036 Fat-Soluble Vitamins Profile* ‡

Description:

Measuring serum levels of the fat-soluble vitamins A, E, D, and K plus beta-carotene and CoQ10 gives clinicians a great tool to gain an overall perspective of a patient’s health, nutrient processing, and dietary insufficiencies.

Specimen Type:

Serum

TAT:

10-14 days

Method:

UPLC; EIA; Chemiluminescence

Biomarkers Reported:

- 25-Hydroxyvitamin D
- β-Carotene
- Gamma Tocopherol
- Retinol
- Alpha Tocopherol
- Coenzyme Q10
- Undercarboxylated osteocalcin



CPTs

| Description | CPT # |
|------------------|-------|
| Carotene | 82380 |
| Coenzyme Q10 | 82491 |
| Gamma Tocopherol | 82491 |
| Vitamin A | 84590 |
| Vitamin D | 82306 |
| Vitamin E | 84446 |
| Vitamin K | 83937 |

*Not currently available in New York
‡ABN Required

0033 Coenzyme Q10 Plus Vitamins Profile (A, E, and β-Carotene)* ‡

Description:

Serum levels of the fat-soluble vitamins A and E, β-carotene, and coenzyme Q10 are measures of total body status of these antioxidant nutrients.

Specimen Type:

Serum

TAT:

6-8 days

Method:

UPLC

Biomarkers Reported:

- Beta Carotene Vitamin A
- Coenzyme Q10 d-Alpha Tocopherol
- Gamma Tocopherol Vitamin E

Coenzyme Q10 with Vitamins NUTRITIONAL

CPTs

| Description | CPT # |
|--------------------|-------|
| Carotene | 82380 |
| Coenzyme Q10 | 82491 |
| **Gamma Tocopherol | 82491 |
| **Vitamin A | 84590 |
| **Vitamin E | 84446 |

**Not on Coenzyme Assay
*Not currently available in New York
‡ABN Required

Oxidative Stress Analysis 2.0, Blood

Description:

Measures antioxidant reserve and enzyme function including: whole blood glutathione, total antioxidant capacity, redox balance, and the enzymes superoxide dismutase and glutathione peroxidase. Additionally, blood markers of damage measure lipid peroxides. Especially useful in cases of chronic fatigue, xenobiotic exposure, and chronic illnesses.

Specimen Type:

Blood

TAT:

7 days

Method:

Colorimetric, Enzymatic, TBARS, Turbidimetric

Biomarkers Reported:

- Glucose
- Lipid Peroxides
- Cysteine
- Cystine
- Glutathione
- Glutathione, Peroxidase
- Sulfate
- Superoxide dismutase (SOD)
- Total Antioxidant Capacity, TAC

Oxidative Stress 2.0 - Blood

NUTRITIONAL

CPTs

| Description | CPT # |
|-----------------------------|-------|
| Cysteine, Cystine x2* | 82136 |
| Cysteine/Sulfate Ratio | - |
| Cysteine/Cystine Ratio | - |
| Glutathione Peroxidase | 84311 |
| Glutathione (total free) | 82978 |
| Lipid Peroxides | 84311 |
| Sulfate, Serum | 84311 |
| Superoxide Dismutase (SOD) | 84311 |
| Total Antioxidant Capacity* | 84311 |

*Not currently available in New York

Oxidative Stress Analysis 2.0, Urine*

Description:

Measures free radical damage, including 8-hydroxy-deoxyGuanosine (8-OHdG; oxidative damage to DNA) and lipid peroxides. Especially useful in cases of chronic fatigue, xenobiotic exposure, and chronic illness.

Specimen Type:

Urine

TAT:

7 days

Method:

LC-MS-MS

Biomarkers Reported:

- 8-OHdG
- Glucose
- Lipid Peroxides

Oxidative Stress 2.0 - Urine

NUTRITIONAL

CPTs

| Description | CPT # |
|------------------------|-------|
| Lipid Peroxides, Urine | 84311 |
| 8-OHdG | 83520 |

*Not currently available in New York

Lipid Peroxides*

Description:

Lipid peroxides are the products of chemical damage done by oxygen-free radicals to the polyunsaturated fatty acids of cell membranes. This test is an assay of total thiobarbituric acid-reactive substances (TBARS) in serum using HPLC. The HPLC separation step isolates the TBARS from potential interfering compounds that can give false elevations in a simple colorimetric assay. The results provide a measure of total serum lipid peroxidation, an indicator of whole body free radical activity. High levels of lipid peroxides are associated with cancer, heart disease, stroke, and aging.

Specimen Requirements

Serum

TAT:

7 Days

Method:

HPLC

Biomarkers reported

Lipid peroxides

Lipid Peroxides - Blood

NUTRITIONAL

CPTs

| Description | CPT # |
|--------------------|--------------|
| Lipid peroxide | 82491 |

*Not currently available in New York

Sulfate

Description:

Measures sulfate levels in serum.

Method:

HPLC

Specimen Requirements

Serum

Biomarkers reported

Sulfate

TAT:

7 Days

Sulfate

NUTRITIONAL

CPTs

| Description | CPT # |
|--------------------|--------------|
| Sulfate, Serum | 84311 |

Glutathione

Description

Measures glutathione levels in serum.

Biomarkers reported

Glutathione

Specimen Requirements

Whole Blood

TAT:

7 Days

Method:

HPLC

Glutathione

NUTRITIONAL

CPTs

Description

Glutathione, Whole Blood

CPT

82978

Cysteine

Description

Measures cysteine levels in serum.

Biomarkers reported

Cysteine

Specimen Requirements

Serum

TAT:

7 Days

Method:

HPLC

Cysteine

NUTRITIONAL

CPTs

Description

Cysteine, Serum

CPT

84311

Vitamin Profiles Biomarkers Comparison Table

| Biomarkers Reported | #0033 CoQ10+ Vit | #0031 VIT K | #0032* #0332 NY VIT D | #0036 FSV | | |
|---------------------------------------|------------------------|----------------|-----------------------------|--------------|--|--|
| *Not Available in New York | | | | | | |
| Vitamin A | . | | | . | | |
| Alpha Tocopherol (VIT E) | . | | | . | | |
| Gamma Tocopherol (VIT E) | . | | | . | | |
| β-Carotene | . | | | . | | |
| Coenzyme Q10 | . | | | . | | |
| Undercarboxylated osteocalcin (VIT K) | | . | | . | | |
| 25-Hydroxyvitamin D, Total (VIT D) | | | . | . | | |
| 25-Hydroxyvitamin D3 (VIT D) | | | . | . | | |
| 25-Hydroxyvitamin D2 (VIT D) | | | . | . | | |
| Retinol | | | | . | | |

Oxidative Stress Profiles Biomarkers Comparison Table

| | | | | | Oxidative Stress 2.0 (U)* | Oxidative Stress 2.0 (B) |
|----------------------------------|--|--|--|--|------------------------------|-----------------------------|
| *Not Available in New York | | | | | | |
| 8-OHdG | | | | | . | |
| Lipid Peroxides | | | | | . | . |
| Cysteine | | | | | | . |
| Cystine | | | | | | . |
| Cysteine/Sulfate Ratio | | | | | | . |
| Cysteine/Cystine Ratio | | | | | | . |
| Glutathione | | | | | | . |
| Glutathione, Peroxidase (GPX) | | | | | | . |
| Sulfate | | | | | | . |
| Superoxide dismutase (SOD) | | | | | | . |
| Total Antioxidant Capacity (TAC) | | | | | | . |

CV Health™

Description:

This profile analyzes blood and utilizes NMR fractionation technology. This allows for state-of-the-art lipid markers and independent risk factors to illuminate the clinical complexity of cardiovascular disease (CVD). Together, these markers provide a thorough assessment of cardiovascular health status, revealing the biochemical environment associated with inflammation, lipid deposits, endothelial dysfunction, and clotting factors underlying cardiovascular disease.

Includes: LDL-C, HDL-C, Triglycerides, Total Cholesterol, LDL-P, HDL-P, LDL-Size, Lipoprotein (a), hs C-Reactive Protein, Lp-PLA2, Homocysteine, Fibrinogen, and Insulin Resistance Score.

Specimen Type:

Blood

TAT:

7 days

Method:

Nephelometric, Chemiluminescent, NMR, Enzymatic, Immunoturbidimetric

Biomarkers Reported:

See Page 63

Add-on Test:

Vitamin D



CPTs

| Description | CPT # |
|-------------------------------|-------|
| Lipoprotein (a) | 83695 |
| Homocysteine | 83090 |
| hs C-Reactive Protein | 86141 |
| Fibrinogen | 85385 |
| Quantification of Lipoprotein | 83704 |
| Lipid Panel | 80061 |
| Total Cholesterol | |
| HDL-C | |
| Triglycerides | |
| Lp-PLA2 | 83698 |

CV Health plus Genomics™*

Description:

This profile analyzes blood and utilizes NMR fractionation technology for state-of-the-art lipid markers and independent risk factors that illuminate the clinical complexity of cardiovascular disease (CVD) as well as a patient’s genomic predisposition to cardiovascular diseases. Together, these markers provide a thorough assessment of cardiovascular health status, revealing the biochemical environment and cardiogenomic risk associated with inflammation, lipid deposits, endothelial dysfunction, and clotting factors underlying cardiovascular disease.

Includes: LDL-C, HDL-C, Triglycerides, Total Cholesterol, LDL-P, HDL-P, LDL-Size, Lipoprotein (a), hs C-Reactive Protein, Lp-PLA2, Homocysteine, Fibrinogen, and Insulin Resistance Score. Genomic markers include ApoE, MTHFR, Factor II, and Factor V (Leiden).

Specimen Type:

Blood

TAT:

14 days

Method:

PCR, Nephelometric, Chemiluminescent, NMR, Enzymatic, Immunoturbidimetric

Biomarkers Reported:

See Page 63



CPTs

| Description | CPT # |
|-------------------------------|-------|
| Lipoprotein (a) | 83695 |
| Homocysteine | 83090 |
| hs C-Reactive Protein | 86141 |
| Fibrinogen | 85385 |
| Quantification of Lipoprotein | 83704 |
| Lipid Panel | 80061 |
| Total Cholesterol | |
| HDL-C | |
| Triglycerides | |
| Lp-PLA2 | 83698 |
| Genomic Markers | |
| ApoE | 81401 |
| Factor II | 81240 |
| Factor V | 81241 |
| MTHFR | 81291 |

*Not currently available in New York

Comprehensive Cardiovascular Assessment*

Description:

Analyzes blood for levels of HDL, LDL, and total cholesterol, ratios, triglycerides, lipoprotein(a), homocysteine, apolipoprotein A1, apolipoprotein B, fibrinogen, and C-reactive protein.

Includes: Triglycerides, Total Cholesterol, HDL, LDL, Apolipoprotein A1, Apolipoprotein B, Lipoprotein(a), Homocysteine, Fibrinogen, C-Reactive Protein, ratios, and CV Index.

Specimen Type:

Blood

TAT:

10 days

Method:

Nephelometric, Enzymatic, Chemiluminescent, Immunoturbidimetric

Biomarkers Reported:

See Page 63

Comprehensive Cardiovascular NUTRITIONAL

CPTs

| Description | CPT # |
|-----------------------|-------|
| Apolipoprotein A1 | 82172 |
| Apolipoprotein B | 82172 |
| hs C-Reactive Protein | 86141 |
| Cholesterol, LDL | 83721 |
| Fibrinogen | 85385 |
| Homocysteine | 83090 |
| Lipid Panel | 80061 |
| Cholesterol, HD | |
| Cholesterol, Serum | |
| Triglycerides, Serum | |
| Lipoprotein (a) | 83695 |

*Not currently available in New York

MetSyn Guide™*

Description:

This profile measures stages of pre-diabetes and progression toward type 2 diabetes mellitus (T2DM) or Cardio-Metabolic Syndrome, using metabolic, inflammatory, and lipid biomarkers. MetSyn Guide™ focuses on the importance of early assessment and correction of risk factors.

Specimen Type:

Blood/Serum

TAT:

7 days

Method:

Enzymatic, NMR, Luminex

Biomarkers Reported:

See Page 63



CPTs

| Description | CPT # |
|-------------------------------|-------|
| Quantification of Lipoprotein | 83704 |
| Lipid Panel | 80061 |
| Total Cholesterol | |
| HDL-C | |
| Triglycerides | |
| hs C-Reactive Protein | 86141 |
| Interleukin IL-6 | 82397 |
| Interleukin IL-8 | 82397 |
| TNFa | 83516 |
| Plasminogen Activator | |
| Inhibitor Type 1 | 83520 |
| Glucose (Fasting) | 82947 |
| Adiponectin | 83520 |
| Insulin (Fasting) | 83525 |
| Proinsulin | 84206 |
| HOMA-IR | - |
| Hemoglobin A1c | 83036 |
| C-Peptide | 84681 |
| Leptin | 83516 |

*Not currently available in New York

PreD Guide™*

Description:

This profile measures stages of pre-diabetes and progression towards type 2 diabetes mellitus (T2DM), using metabolic and inflammatory biomarkers.

PreD Guide focuses on the importance of early assessment and correction of risk factors.

Specimen Type:

Blood/Serum

TAT:

7 days

Method:

Luminex

Biomarkers Reported:

See Page 63



CPTs

| Description | CPT # |
|----------------------------------------|-------|
| hs C-Reactive Protein | 86141 |
| Interleukin IL-6 | 82397 |
| Interleukin IL-8 | 82397 |
| TNFa | 83516 |
| Plasminogen Activator Inhibitor Type 1 | 83520 |
| Glucose (Fasting) | 82947 |
| Adiponectin | 83520 |
| Insulin (Fasting) | 83525 |
| Proinsulin | 84206 |
| HOMA-IR | - |
| Hemoglobin A1c | 83036 |
| C-Peptide | 84681 |
| Leptin | 83516 |

*Not currently available in New York

Bone Resorption Assessment~

Description:

This simple, direct urinary test examines pyridinium crosslinks and deoxypyridinoline, useful in identifying current rate of bone loss, lytic bone disease, and efficacy of bone support therapies.

Specimen Type:

Urine

TAT:

10 days

Method:

Kinetic (Jaffe), EIA

Biomarkers Reported:

Creatinine

Deoxypyridinoline

Pyridinium Crosslinks

Bone Resorption Assessment

NUTRITIONAL

CPTs

| Description | CPT # |
|-----------------------|-------|
| Deoxypyridinoline | 82523 |
| Pyridinium Crosslinks | 82523 |

~Not reimbursable by Medicare

0014 ADMA Profile (Asymmetric Dimethylarginine)*

Description:

Asymmetric Dimethylarginine (ADMA) is the principal endogenous inhibitor of nitric oxide synthase. Thus, it regulates rates of nitric oxide (NO) formation. Nitric oxide acts as a signal molecule in the nervous system, as a weapon against infections, as a regulator of blood pressure, and as a gate keeper of blood flow to the organs. Elevated ADMA is a risk factor for hypertension, cardiovascular disease, renal failure, and erectile dysfunction. Two factors that contribute to elevated ADMA are increased oxidative challenge and folic acid insufficiency.

Specimen Type:

Plasma

TAT:

7-14 days

Method:

LC/MS-MS

Biomarkers Reported:

- Asymmetric Dimethylarginine (ADMA)
- Arginine
- Arginine/ADMA ratio



CPTs

| Description | CPT # |
|-------------|-------|
| ADMA | 82136 |

*Not currently available in New York

0088 Neopterin/Biopterin Profile*

Description:

Neopterin and biopterin are by-products of the redox reactions involving tetrahydrobiopterin (BH4). BH4 functions as a cofactor for the enzymes responsible for the production of monoamine neurotransmitters (epinephrine, norepinephrine, DOPA, serotonin), and as a cofactor in nitric oxide production. Low biopterin levels may reflect insufficient BH4 status.

Specimen Type:

Urine

TAT:

7-10 days

Method:

LC/MS-MS, Spectrophotometry

Biomarkers Reported:

- Neopterin
- Creatinine
- Biopterin



CPTs

| Description | CPT # |
|--------------------------|-------|
| Neopterin/Biopterin | |
| Mass Spectrometry, Quant | 83789 |
| Creatinine | 82570 |

*Not currently available in New York

Health Risk Profiles Biomarkers Comparison Table

| Biomarkers Reported: | #0014 ADMA* | BONE | COMP CARDIO | CV HEALTH | CV HEALTH + GENV* | METSYN* | PRED* |
|----------------------------------------------|-------------|------|-------------|-----------|-------------------|---------|-------|
| *Not Available in New York | | | | | | | |
| Dna/Oxidative Stress Marker | | | | | | | |
| 8-Hydroxy-2'-deoxyguanosine | | | | | | | |
| ADMA Profile | | | | | | | |
| Asymmetric Dimethylarginine (ADMA) | • | | | | | | |
| Arginine | • | | | | | | |
| Arginine/ADMA ratio | • | | | | | | |
| Bone Resorption Assessment | | | | | | | |
| Pyridinium Crosslinks/Creatinine | | • | | | | | |
| Deoxypyridinium | | • | | | | | |
| Neopterin/Biopterin | | | | | | | |
| Neopterin | | | | | | | |
| Biopterin | | | | | | | |
| Neopterin/Biopterin Ratio | | | | | | | |
| Metabolic/Lipid Markers | | | | | | | |
| Total Cholesterol | | | • | • | • | • | |
| HDL Cholesterol | | | • | • | • | • | |
| LDL-Cholesterol | | | • | • | • | • | |
| Triglycerides | | | • | • | • | • | |
| Glucose | | | | | | • | • |
| Insulin | | | | | | • | • |
| Apolipoprotein A (Apo A-1) | | | • | | | | |
| Apolipoprotein A (Apo B) | | | • | | | | |
| HDL-Particle # (HDL-P) | | | | • | • | • | |
| LDL-Particle # (LDL-P) | | | | • | • | • | |
| LDL Size | | | | • | • | | |
| LDL-Small Particle # | | | | • | • | • | |
| LDL-Large Particle # | | | | • | • | | |
| HDL L | | | | • | • | | |
| HDL Size | | | | • | • | | |
| LDL S | | | | • | • | | |
| VLDL L | | | | • | • | | |
| VLDL Size | | | | • | • | | |
| Adiponectin | | | | | | • | • |
| C-Peptide | | | | | | • | • |
| HOMA-IR | | | | | | • | • |
| HbA1c | | | | | | • | • |
| Leptin | | | | | | • | • |
| Proinsulin | | | | | | • | • |
| Lipoprotein(a) (Lp(a)) | | | • | • | • | | |
| Lipoprotein Ratios | | | | | | | |
| Total Cholesterol/HDL | | | • | | | | |
| ApoB/ApoA-1 | | | • | | | | |
| Chronic Inflammatory Markers | | | | | | | |
| Average Inflammation Score | | | | | | • | • |
| BMI | | | | | | • | • |
| Fibrinogen | | | • | • | • | | |
| c-Reactive protein (HS)(hs-CRP) | | | • | • | • | • | • |
| Insulin Resistance Score | | | | • | • | | • |
| Lp-PLA2 (PLAC) | | | | • | • | | |
| Interleukin IL-6 | | | | | | • | • |
| Interleukin IL-8 | | | | | | • | • |
| Plasminogen Activator Inhibitor Type (PAI-1) | | | | | | • | • |
| Tumor Necrosis Factor Alpha (TNFa) | | | | | | • | • |
| Homocysteine | | | • | • | • | | |
| Genomics | | | | | | | |
| APOE | | | | | • | | |
| Factor 2 (prothrombin) | | | | | • | | |
| Factor 5 (Leiden) | | | | | • | | |
| MTHFR | | | | | • | | |

Comprehensive Urine Elements Profile

(Timed or 24-hour)* ~

Description:

This test measures urinary excretion of nutrient elements and toxic metals, including “classic” toxics such as lead, mercury, and arsenic. This is an ideal test for patients suspected of toxic element exposure as well as potential nutrient mineral wasting.

NOTE: Partial Panels cannot be ordered on this Profile.

Specimen Type:

Urine

TAT:

5-7 days

Method:

Chemiluminescent, RIA, ICP-MS, Kinetic (Jaffe)

Biomarkers Reported:

See Page 68

CPTs

**Description
TOXIC**

| | |
|---------------|-------|
| Aluminum | 82108 |
| Cadmium | 82300 |
| Cesium | |
| Gadolinium | |
| Gallium | |
| Heavy Metals: | 83015 |
| Antimony | |
| Arsenic | |
| Barium | |
| Bismuth | |
| Mercury | |
| Lead | 83655 |
| Nickel | 83885 |
| Niobium | |
| Platinum | |
| Rubidium | |
| Thallium | |
| Thorium | |
| Tin | |
| Tungsten | |
| Uranium | |

Comprehensive Urine Elements NUTRITIONAL

CPTs

**Description
NUTRIENT**

| | |
|---------------|-------|
| Calcium | 82340 |
| Chromium | |
| Cobalt | |
| Copper | |
| Iron | |
| Lithium | |
| Magnesium | 83735 |
| Manganese | |
| Molybdenum | |
| Potassium | |
| Selenium | |
| Strontium | |
| Sulfur | |
| Vanadium | |
| Zinc | |
| Miscellaneous | |
| Creatinine | |

*Not currently available in New York
~Not reimbursable by Medicare

Toxic Element Clearance Profile (Timed or 24-Hour) *

Description:

This test measures urinary excretion of toxic metals, including ‘classic’ toxics such as lead, mercury, and arsenic. This is an ideal test for patients suspected of toxic element exposure.

NOTE: Partial Panels cannot be ordered on this Profile.

Specimen Type:

Urine

TAT:

7 days

Method:

Chemiluminescent, RIA, ICP-MS, Kinetic (Jaffe)

Biomarkers Reported:

See Page 68

Toxic Elements Clearance NUTRITIONAL

CPTs

Description

| | |
|---------------|-------|
| Aluminum | 82108 |
| Heavy Metals: | 83015 |
| Antimony | |
| Arsenic | |
| Barium | |
| Bismuth | |
| Mercury | |
| Cadmium | 82300 |
| Lead | 83655 |
| Nickel | 83885 |

*Not currently available in New York

0022 Nutrient and Toxic Elements - Blood* ‡°

0037 Nutrient and Toxic Elements Profile NY - Blood ‡

Description:

Toxic elements and selenium are measured in whole blood while major and other trace nutrient elements are measured in erythrocytes. Erythrocyte concentrations are good indicators of body pools of essential elements such as magnesium, potassium, and zinc. Various regulatory agencies have deemed whole blood to be the preferred specimen for assessment of toxic element exposure to aluminum, arsenic, cadmium, lead and mercury.

Specimen Type:

RBCs

TAT:

7-14 days

Method:

ICP/MS

Biomarkers Reported:

See Page 68

Nutrient and Toxic Elements

NUTRITIONAL

CPTs

| Description | CPT # |
|--------------------|-------|
| Aluminum | 82108 |
| Cadmium | 82300 |
| Calcium | 82310 |
| Copper | 82525 |
| Heavy Metal Screen | 83015 |
| **°Lead | 83655 |
| Magnesium | 83735 |
| Potassium | 84132 |
| Selenium | 84255 |
| Zinc | 84630 |

**Not on 0037

*Not currently available in New York

‡ABN Required

°Not available in Ohio

0026 Toxic Metals - Whole Blood* ‡°

Description:

Increased exposure to toxic elements is generally reflected by levels in whole blood. This test shows levels of aluminum, arsenic, cadmium, lead, and mercury.

Specimen Type:

Whole Blood

TAT:

7-14 days

Method:

ICP/MS

Biomarkers Reported:

See Page 68

Toxic Metals - Whole Blood

NUTRITIONAL

CPTs

| Description | CPT # |
|--------------------|-------|
| Aluminum | 82108 |
| Cadmium | 82300 |
| Heavy Metal Screen | 83015 |
| °*Lead | 83655 |

*Not currently available in New York

‡ABN Required

°Not available in Ohio

Elemental Analysis, Packed Erythrocytes*~

Description:

Measures RBC intracellular concentrations of toxic elements and nutrient elements. Indicated for patients suspected of recent toxic element exposure and for evaluation of intracellular mineral nutrient status.

Specimen Type:

RBCs

TAT:

5-7 days

Method:

ICP-MS

Biomarkers Reported:

See Page 68

Elements - Packed Erythrocytes

NUTRITIONAL

CPTs

| Description | CPT # |
|--------------------|-------|
| Cadmium | 82300 |
| Copper | 82525 |
| Heavy Metal Screen | 83015 |
| **°Lead | 83655 |
| Magnesium | 83735 |
| Manganese | 83785 |
| Potassium | 84132 |
| Zinc | 84630 |

*Not currently available in New York
 ~Not reimbursable by Medicare

Element Profiles Biomarkers Comparison Table

| | #0026** TOX MET BLD | #0022**/0037NY N/T ERYTH | COMP. URINE ELE* | ELE ANALYSIS PCKED ERYTH* | TOX ELEMENT. CLEARANCE* |
|----------------------------------------------------|------------------------|-----------------------------|---------------------|---------------------------|----------------------------|
| * Not Available in New York °Not available in Ohio | | | | | |
| Nutrient Elements | | | | | |
| Calcium | | . | . | | |
| Chromium | | | . | . | |
| Cobalt | | | . | | |
| Copper | | . | . | . | |
| Iron | | | . | | |
| Lithium | | | . | | |
| Magnesium | | . | . | . | |
| Manganese | | | . | . | |
| Molybdenum | | | . | | |
| Phosphorus | | | | | |
| Potassium | | . | . | . | |
| Selenium | | . | . | . | |
| Sodium | | | | | |
| Sulfur | | | . | | . |
| Vanadium | | | . | . | |
| Zinc | | . | . | . | |
| Toxic Elements | | | | | |
| Aluminum | . | . | . | | . |
| Arsenic | . | . | . | . | |
| Beryllium | | | | | |
| Cadmium | . | . | . | . | . |
| Gadolinium | | | . | | . |
| Gallium | | | . | | . |
| Lead*° | . | . | . | . | . |
| Mercury | . | . | . | . | . |
| Nickel | | | . | | . |
| Niobium | | | . | | . |
| Platinum | | | . | | . |
| Rubidium | | | . | | . |
| Thallium | | | . | . | . |
| Thorium | | | . | | . |
| Tin | | | . | . | . |
| Tungsten | | | . | | . |
| Uranium | | | . | | . |
| Potentially Toxic and Rare Earth Elements | | | | | |
| Antimony | | | . | . | . |
| Barium | | | . | | . |
| Bismuth | | | . | | . |
| Cesium | | | . | | . |
| Elements of Unknown Human Requirement | | | | | |
| Strontium | | | . | | |

EssenceTM

Hormone Tests

ENDOCRINOLOGY TESTING

Hormonal Health™

Description:

This test provides a focused overview of hormonal balance in both pre- and post-menopausal women, using a single serum sample to evaluate dynamics of the sex steroid metabolism that can profoundly affect a woman’s health throughout her lifetime.

Specimen Type:

Serum

TAT:

7 days

Method:

EIA, Chemiluminescent, RIA

Biomarkers Reported:

| | |
|--------------------------|-------------------------------------|
| 16 alpha-hydroxyestrone | Progesterone |
| 2-Hydroxyestrone | Prolactin |
| DHEA-S | Sex Hormone Binding Globulin (SHBG) |
| Estradiol | Testosterone |
| Estriol | |
| Estrone | |
| Estrone Sulfate | |
| Luteinizing Hormone (LH) | |



CPTs

| Description | CPT # |
|-------------------------------------|-------|
| 2-Hydroxyestrone (2-OHE-1) | 82679 |
| 16a-Hydroxyestrone (16a-OHE1) | 82679 |
| DHEA-S | 82627 |
| Estradiol | 82670 |
| Estriol | 82677 |
| Estrone | 82679 |
| Estrone Sulfate | 83519 |
| Progesterone | 84144 |
| Sex Hormone-Binding Globulin (SHBG) | 84270 |
| Testosterone | 84403 |

Possible Add-ons

| | |
|------------------------------|-------|
| Androstenedione | 82157 |
| Follicle Stimulating Hormone | 83001 |
| Luteinizing Hormone | 83002 |
| Prolactin | 84146 |
| Vitamin D | 82306 |

Male Hormonal Health™*

Description:

This test provides a focused overview of hormonal balance in men, using a single serum sample to evaluate dynamics of the sex steroid metabolism that can profoundly affect a man’s health throughout his lifetime.

Specimen Type:

Serum

TAT:

17 days

Method:

Chemiluminescent, LC/MS/MS, RIA, LC/MS

Biomarkers Reported:

| |
|--------------------------------------|
| DHEA-S |
| Dihydrotestosterone (DHT) |
| Estradiol |
| Free Testosterone |
| Insulin-Like Growth Factor 1 (IGF-1) |
| Luteinizing Hormone (LH) |
| Prostate Specific Antigen (PSA) |
| Sex Hormone Binding Globulin (SHBG) |



CPTs

| Description | CPT # |
|--------------------------------------|-------|
| Estradiol | 82670 |
| Insulin-like Growth Factor 1 (IGF-1) | 84305 |
| Sex Hormone Binding Globulin | 84270 |
| DHEA-S | 82627 |
| Dihydrotestosterone (DHT)* | 82651 |
| Testosterone, Free | 84402 |
| Prostate Specific Antigen (PSA) | 84153 |

Possible Add-ons

| | |
|------------------------------|-------|
| Androstenedione | 82157 |
| Follicle Stimulating Hormone | 83001 |
| Luteinizing Hormone | 83002 |
| Prolactin | 84146 |
| IGFBP-3 | 82397 |
| Vitamin D | 82306 |

*Not currently available in New York

Comprehensive Thyroid Assessment

Description:

Analyzes serum levels of TSH, free T4, free T3, reverse T3, anti-TG antibodies, and anti-TPO antibodies to assess central and peripheral thyroid function, as well as thyroid auto-immunity.

Specimen Type:

Serum

TAT:

7 days

Method:

Chemiluminescent, RIA

Biomarkers Reported:

Anti-TG

Anti-TPO

Free T3

Free T4

Reverse T3

TSH

Comprehensive Thyroid Assessment



CPTs

| Description | CPT # |
|--------------------------|-------|
| Free T3 | 84481 |
| Free T4 | 84439 |
| Reverse T3 | 84482 |
| Anti-TG Antibodies, IgG | 86800 |
| Anti-TPO Antibodies, IgG | 86376 |
| TSH | 84443 |

Estrogen Metabolism Assessment, Serum

Description:

This specialized sub-panel reveals the biodynamics of two key estrogen metabolites. Can be used as a focused follow-up to monitor clinical interventions (including hormone therapy, diet, and lifestyle changes).

Specimen Type:

Serum

TAT:

7 days

Method:

EIA

Biomarkers Reported:

16 alpha-hydroxyestrone

2-Hydroxyestrone

Creatinine

Estrogen Metabolism Assessment



CPTs

| Description | CPT # |
|--------------------|-------|
| 2-Hydroxyestrone | 82679 |
| 16a-Hydroxyestrone | 82679 |

Menopause Plus™*

Description:

In addition to the analysis of hormones included in Menopause, this advanced profile includes the Adrenocortex Stress Profile and the Comprehensive Melatonin Profile to reveal how the sex hormones are influenced by cortisol, DHEA, and melatonin.

Specimen Type:

Saliva

TAT:

7 days

Method:

LIA, EIA, RIA

Biomarkers Reported:

- Cortisol
- DHEA
- Estradiol
- Estriol
- Estrone
- Melatonin
- Progesterone
- Testosterone



CPTs

| Description | CPT # |
|---------------------------|----------|
| Estrone, Salivary x3 | 82679 x3 |
| Estradiol, Salivary x3 | 82670 x3 |
| Estriol, Salivary x3 | 82677 x3 |
| Cortisol, Salivary x4 | 82530 x4 |
| Testosterone, Salivary | 84402 |
| DHEA, Salivary | 82626 |
| Progesterone, Salivary x3 | 84144 x3 |
| Melatonin, Salivary x3 | 83519 x3 |

*Not currently available in New York

Menopause™ *

Description:

Examines three saliva samples over a 5-day period to determine levels of β-estradiol, estrone, estriol, progesterone, and testosterone for women who are menopausal.

Specimen Type:

Saliva

TAT:

7 days

Method:

LIA, EIA, RIA

Biomarkers Reported:

- Estradiol
- Estriol
- Estrone
- Progesterone
- Testosterone



CPTs

| Description | CPT # |
|---------------------------|----------|
| Estrone, Salivary x3 | 82679 x3 |
| Estradiol, Salivary x3 | 82670 x3 |
| Estriol, Salivary x3 | 82677 x3 |
| Testosterone, Salivary | 84402 |
| Progesterone, Salivary x3 | 84144 x3 |

*Not currently available in New York

Rhythm Plus™*

Description:

In addition to analysis of hormones included in Rhythm, this advanced profile includes the Adrenocortex Stress Profile and the Comprehensive Melatonin Profile to reveal how the sex hormones are influenced by cortisol, DHEA, and melatonin.

Specimen Type:

Saliva

TAT:

7 days

Method:

LIA, EIA, RIA

Biomarkers Reported:

- Cortisol
- DHEA
- Estradiol
- Melatonin
- Progesterone
- Testosterone



CPTs

| Description | CPT # |
|----------------------------|-----------|
| Estradiol, Salivary x11 | 82670 x11 |
| Cortisol, Salivary x4 | 82530 x4 |
| Testosterone, Salivary | 84402 |
| DHEA, Salivary | 82626 |
| Progesterone, Salivary x11 | 84144 x11 |
| Melatonin, Salivary x3 | 83519 x3 |

*Not currently available in New York

Rhythm™*

Description:

Analyzes 11 saliva samples over a 28-day period for the levels of β-estradiol, progesterone, and testosterone, providing clues about menstrual irregularities, infertility, endometriosis, and other hormone-related conditions.

Specimen Type:

Saliva

TAT:

7 days

Method:

LIA

Biomarkers Reported:

- Estradiol
- Progesterone
- Testosterone



CPTs

| Description | CPT # |
|----------------------------|-----------|
| Estradiol, Salivary x11 | 82670 x11 |
| Progesterone, Salivary x11 | 84144 x11 |
| Testosterone, Salivary | 84402 |

*Not currently available in New York

Menopause Check Plus*

Description:

This test examines one saliva sample to determine levels of DHEA, estradiol, estrone, estriol, progesterone, and testosterone for women who are menopausal.

Specimen Type:

Saliva

TAT:

7 days

Method:

LIA, EIA, RIA

Biomarkers Reported:

- DHEA
- Estradiol
- Estriol
- Estrone
- Progesterone
- Testosterone



CPTs

| Description | CPT # |
|--------------|-------|
| DHEA | 82626 |
| Estradiol | 82670 |
| Estriol | 82677 |
| Estrone | 82679 |
| Progesterone | 84144 |
| Testosterone | 84402 |

*Not currently available in New York

Male Hormones Plus™*

Description:

In addition to analysis of testosterone, Male Hormones Plus™ includes the Adrenocortex Stress Profile and the Comprehensive Melatonin Profile to reveal how testosterone is influenced by cortisol, DHEA, and melatonin.

Specimen Type:

Saliva

TAT:

7 days

Method:

LIA, EIA, RIA

Biomarkers Reported:

- Cortisol
- DHEA
- Melatonin
- Testosterone



CPTs

| Description | CPT # |
|---------------------------|----------|
| Cortisol, Salivary x4 | 82530 x4 |
| Testosterone, Salivary x4 | 84402 x4 |
| DHEA, Salivary | 82626 |
| Melatonin, Salivary x3 | 83519 x3 |

*Not currently available in New York

One Day Hormone Check™*

Description:

An effective panel for checking key hormone levels during a 24-hour period. Additionally, this panel analyzes cortisol, DHEA, and determines the secretion pattern for melatonin.

Specimen Type:

Saliva

TAT:

7 days

Method:

LIA, EIA, RIA

Biomarkers Reported:

- Cortisol
- DHEA
- Estradiol
- Estriol
- Estrone
- Melatonin
- Progesterone
- Testosterone



CPTs

| Description | CPT # |
|------------------------|----------|
| Estrone, Salivary | 82679 |
| Estradiol, Salivary | 82670 |
| Estriol, Salivary | 82677 |
| Testosterone, Salivary | 84402 |
| Progesterone, Salivary | 84144 |
| Cortisol, Salivary x4 | 82530 x4 |
| DHEA, Salivary | 82626 |
| Melatonin, Salivary x3 | 83519 x3 |

*Not currently available in New York

Adrenocortex Stress Profile

Description:

Assays 4 saliva samples over a 24-hour period for levels of cortisol and DHEA. Imbalances in these hormones are associated with ailments ranging from obesity and chronic fatigue to immune deficiency and increased risk of cardiovascular disease.

Specimen Type:

Saliva

TAT:

7 days

Method:

LIA, EIA, RIA

Biomarkers Reported:

- Cortisol
- DHEA



CPTs

| Description | CPT # |
|-----------------------|----------|
| Cortisol, Salivary x4 | 82530 x4 |
| DHEA, Salivary | 82626 |

0043 Adrenal Stress Plus* ‡

Description:

The Adrenal Stress Profile uses a non-invasive salivary procedure to monitor the activity of the adrenal cortex and its ability to react to stress. The procedure monitors the circadian variation of the cortisol and DHEA-S levels. An increased cortisol level, a decreased DHEA-S level, or a decrease in the DHEA-S/cortisol ratio is an indication of a stressful physical or mental condition. Also measured in the Adrenal Stress Plus Profile are secretory IgA and antigliadin antibodies. Secretory IgA protects the gut from pathogenic material. During a high stress situation, levels of secretory IgA decrease. Thus, chronic cortisol elevation may be associated with high anti-gliadin antibodies due to intestinal hyperpermeability. Gliadin is a protein component found in wheat. When the adrenal stress profile indicates an inappropriate hormonal stress response, it is necessary to consider stress reduction along with diet, exercise, and nutritional supplementation to support adrenal gland activity. This will enhance the restoration of the physical barrier in the gut.

Specimen Type:

Saliva

TAT:

5-10 days

Method:

EIA

Biomarkers Reported:

| | |
|-----------------------------------------|-----------------|
| Cortisol (4 timed measurements) | Secretory IgA |
| DHEA-S (2 timed measurements, averaged) | Antigliadin IgA |



CPTs

| Description | CPT# |
|---------------|----------|
| Anti-gliadin | 83520 |
| Cortisol x4 | 82530 x4 |
| DHEA-S | 82627 |
| Secretory IgA | 82784 |

*Not currently available in New York
‡ABN required

Comprehensive Melatonin Profile*

Description:

Analyzes 3 saliva samples for the secretion pattern of this important hormone. Melatonin imbalance has been associated with Seasonal Affective Disorder, infertility, sleep disorders, and compromised immune function.

Specimen Type:

Saliva

TAT:

7 days

Method:

RIA

Biomarkers Reported:

Melatonin



CPTs

| Description | CPT # |
|------------------------|----------|
| Melatonin, Salivary x3 | 83519 x3 |

*Not currently available in New York

0072 Gliadin Sensitivity Profile* ‡

Description:

The Gliadin Sensitivity Profile offers a simple, salivary collection measuring anti-gliadin antibody (AGA) and secretory immunoglobulin A (sIgA). AGA measures the body’s response to gluten while SIgA defends against antigenic and infectious attacks at the mucosal surfaces.

Specimen Type:

Saliva

TAT:

5-10 days

Method:

EIA

Biomarkers Reported:

Secretory IgA

Anti-gliadin IgA



CPTs

| Description | CPT # |
|------------------|-------|
| Anti-gliadin IgA | 83520 |
| Secretory IgA | 82784 |

*Not currently available in New York

‡ABN Required

Complete Hormones™*

Description:

This test is the most comprehensive urinary hormone metabolism evaluation designed to assist in the prevention and treatment of hormone-related symptoms and conditions. Can be done as FMV or 24-hour collection. A 24-hour collection is recommended for patients supplementing with bio-identical hormones.

Specimen Type:

Urine

TAT:

21 days

Method:

GC-MS, Kinetic (Jaffe), EIA, ICP-MS

Biomarkers Reported:

11-Hydroxy-androsterone
 11-Hydroxy-etiocholanolone
 11-Keto-androsterone
 11-Keto-etiocholanolone
 16 alpha-hydroxyestrone
 2-Hydroxyestrone
 2-Methoxyestrone
 4-Hydroxyestrone
 4-Methoxyestrone
 Androstanediol
 Androsterone
 Creatinine
 DHEA
 Estradiol
 Estriol
 Estrone
 Etiocholanolone
 Pregnanediol
 Pregnanetriol
 Specific Gravity
 Testosterone
 Tetrahydrocortisol, THF
 Tetrahydrocortisone, THE
 Tetrahydrodeoxycortisol
 allo-Tetrahydrocortisol, a-THF



CPTs

| Description | CPT # |
|-----------------------------------------|---------|
| Estrone | 82679 |
| Estradiol | 82670 |
| Estriol | 82677 |
| 2-Hydroxyestrone | 82679 |
| 4-Hydroxyestrone | 82679 |
| 2-Methoxyestrone | 82679 |
| 4-Methoxyestrone | 82679 |
| 16a-Hydroxyestrone 2:16 Ratio | 82679 - |
| 2-Methoxyestrone/2-Hydroxyestrone Ratio | - |
| Pregnanediol | 84135 |
| Androstanediol | 82542 |
| Testosterone | 84403 |
| allo-Tetrahydrocortisol, a-THF | 83491 |
| Pregnanetriol | 84138 |
| Tetrahydrocortisol, THF | 83491 |
| Tetrahydrocortisone, THE | 83491 |
| Tetrahydrodeoxycortisol, THS | 82634 |
| 17-Hydroxy-corticosteroids, Total | - |
| DHEA | 82626 |
| Etiocholanolone | 82696 |
| 11-Hydroxy-androsterone | 83593 |
| 11-Hydroxy-etiocholanolone | 83593 |
| 11-Keto-androsterone | 83593 |
| 11-Keto-etiocholanolone | 83593 |
| 17-Ketosteroids, Total | - |
| Anabolic/Catabolic Balance | - |
| E/A: 5-a/5-aRatio | - |
| 11-a-HSD Index | - |
| Possible Add-ons | |
| Triiodothyronine, T3 | 84480 |
| Cortisol, Free (24 Hr) | 82530 |

*Not currently available in New York

Complete Male Hormones™*

Description:

This test analyzes key urinary markers, providing insights into a wide range of disorders, from reduced libido and muscle mass to cardiovascular disease. A 24-hour collection is recommended for patients supplementing with bio-identical hormones.

Specimen Type:

Urine

TAT:

21 days

Method:

GC-MS, Kinetic (Jaffe), EIA, ICP-MS

Biomarkers Reported:

- 11-Hydroxy-androsterone
- 11-Hydroxy-etiocholanolone
- 11-Keto-androsterone
- 11-Keto-etiocholanolone
- 16 alpha-hydroxyestrone
- 2-Hydroxyestrone
- 2-Methoxyestrone
- 4-Hydroxyestrone
- 4-Methoxyestrone
- Androstenediol
- Androsterone
- Creatinine
- DHEA
- Estradiol
- Estriol
- Estrone
- Etiocholanolone
- Pregnanediol
- Pregnanetriol
- Specific Gravity
- Testosterone
- Tetrahydrocortisol, THF
- Tetrahydrocortisone, THE
- Tetrahydrodeoxycortisol
- allo-Tetrahydrocortisol, a-THF



CPTs

| Description | CPT # |
|--------------------------------|-------|
| 11-Hydroxy-androsterone | 83593 |
| 11-Hydroxy-etiocholanolone | 83593 |
| 11-Keto-androsterone | 83593 |
| 11-Keto-etiocholanolone | 83593 |
| 16 alpha-hydroxyestrone | 82679 |
| 2-Hydroxyestrone | 82679 |
| 2-Methoxyestrone | 82679 |
| 4-Hydroxyestrone | 82679 |
| 4-Methoxyestrone | 82679 |
| Androstenediol | 82542 |
| Androsterone | 82160 |
| DHEA | 82626 |
| Estradiol | 82670 |
| Estriol | 82677 |
| Estrone | 82679 |
| Etiocholanolone | 82696 |
| Pregnanediol | 84135 |
| Pregnanetriol | 84138 |
| Testosterone | 84403 |
| Tetrahydrocortisol, THF | 83491 |
| Tetrahydrocortisone, THE | 83491 |
| Tetrahydrodeoxycortisol, THS | 82634 |
| allo-Tetrahydrocortisol, a-THF | 83491 |
| 17-Ketosteroids (total) | |
| Anabolic/Catabolic Balance | |
| E/A : 5α/5-α Ratio | |
| 11-α-HSD Index | |
| Possible Add-ons | |
| Triiodothyronine | 84480 |
| Cortisol, Free | 82530 |

*Not currently available in New York

Essential Estrogens™*

Description:

This test provides a focused overview of estrogen balance in both pre- and post-menopausal women, using a single urine sample to evaluate dynamics of sex steroid metabolism. A 24-hour collection can be used for women supplementing with bioidentical hormones.

Specimen Type:

Urine

TAT:

21 days

Method:

GC-MS, Kinetic (Jaffe), EIA

Biomarkers Reported:

- 16 alpha-hydroxyestrone
- 2-Hydroxyestrone
- 2-Methoxyestrone
- 4-Hydroxyestrone
- 4-Methoxyestrone
- Creatinine
- Estradiol
- Estriol
- Estrone



CPTs

| Description | CPT # |
|---------------------------------------------|--------------|
| Estrone | 82679 |
| Estradiol | 82670 |
| Estriol | 82677 |
| 2-Hydroxyestrone | 82679 |
| 4-Hydroxyestrone | 82679 |
| 2-Methoxyestrone | 82679 |
| 4-Methoxyestrone | 82679 |
| 16a-Hydroxyestrone | 82679 |
| 2:16 Ratio | |
| 2-Methoxyestrone: 2-Hydroxyestrone Ratio | |

Possible Add-ons

| | |
|------------------|-------|
| Triiodothyronine | 84480 |
| Cortisol, Free | 82530 |

*Not currently available in New York

Estrogen Metabolism Assessment, Urine

Description:

This test assesses hydroxyestrogens in urine, providing a rapid, convenient way to evaluate clinical interventions (including hormone therapy, diet, and lifestyle changes) aimed at optimizing estrogen metabolism.

Specimen Type:

Urine

TAT:

21 days

Method:

EIA, Kinetic (Jaffe)

Biomarkers Reported:

- 16 alpha-hydroxyestrone
- 2-Hydroxyestrone
- Creatinine

Estrogen Metabolism Assessment - Urine

CPTs

| Description | CPT # |
|---------------------|--------------|
| Creatinine | 82570 |
| 2-Hydroxyestrone | 82679 |
| 16 a-hydroxyestrone | 82679 |
| 2:16 Ratio | - |

Possible Add-ons

| | |
|-----------------------------|-------|
| Bone Resorption Assessment | |
| Deoxypyridinoline, Urine | 82523 |
| Pyridinium Crosslink, Urine | 82523 |

0142 Estronex Profile* ‡

0145 Estronex Profile with Bone Resorption Assay* ‡

Description:

The balance of anti- and pro-carcinogenic metabolites of estrogen may be investigated with this profile that measures the 2-, 4-, and 16-alpha- hydroxyderivatives of estrone and the 2- and 4-methoxyestrone. This panel provides comprehensive functional information about phase I and phase II estrogen biotransformation. Certain imbalances in biotransformation have been associated with increased risk of carcinogenesis. If the 2/16 ratio is too low, the use of foods or supplements containing I3C or DIM can stimulate hepatic P450 enzymes to increase the favorable 2-hydroxy derivatives. Improving methylation activity can increase the favorable 2- and 4-methoxyestrone.

Specimen Type:

Urine

TAT:

7 - 10 days

Method:

UPLC Tandem Mass Spectrometry

Biomarkers Reported:

- 2-hydroxyestrogens (2-OHE
- 2-methoxyestrone (2-OMeE1)
- 2-hydroxyestrone (2-OHE1)
- 4-methoxyestrone (4-OMeE1)
- 2-hydroxyestradiol (2-OHE2)
- 2-OHE:16α-OHE1 Ratio
- 4-hydroxyestrone (4-OHE1)
- 2-OHE:2-OMeE1 Ratio
- 16α-hydroxyestrone (16α-OHE1)
- Creatinine



CPTs

| Description | CPT # |
|------------------|-----------|
| Estradiol | 82670 |
| Estrone | 82679 X 5 |
| Creatinine | 82570 |
| with 0145 | |
| Collagen | 82523 |

*Not currently available in New York
 ‡ABN Required

Stand-Alone Endocrine Testing

Prostate Specific Antigen (PSA)

Specimen Type:

Serum

T3

Specimen Type:

Serum

Add-Ons

ENDOCRINOLOGY PROFILES

- A. Hormonal Health
- B. Male Hormonal Health
- C. Comprehensive Thyroid Assessment
- D. Estrogen Metabolism Assess - Serum
- E. Insulin-Like Growth Factor Type 1
- F. Menopause Plus
- G. Menopause
- H. Rhythm Plus
- I. Rhythm
- J. Menopause Check Plus
- K. Male Hormones Plus
- L. One Day Hormone Check
- M. Adrenocortex Stress Profile
- N. Comprehensive Melatonin Profile
- O. 0243 Adrenal Stress Plus Profile
- P. 0072 Gliadin Sensitivity Profile
- Q. Estrogen Metabolism Assessment - Urine
- R. Complete Hormones
- S. Complete Male Hormones
- T. Essential Estrogens
- U. 0142 Estronex Profile

Endocrine Profiles Biomarkers Comparison Table

| Biomarkers | A | B* | C | D | E | F | G | H | I | J | K | L | M | N | O | P | Q | R | S | T | U |
|-----------------------------------------|---|----|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| *Not Available in New York | | | | | | | | | | | | | | | | | | | | | |
| 11-Hydroxy-androsterone | | | | | | | | | | | | | | | | | | | | | |
| 11-Hydroxy-etiocholanolone | | | | | | | | | | | | | | | | | | | | | |
| 11-Keto-androsterone | | | | | | | | | | | | | | | | | | | | | |
| 11-Keto-etiocholanolone | | | | | | | | | | | | | | | | | | | | | |
| 16α-hydroxyestrone (16α-OHE1) | • | | | • | | | | | | | | | | | | | • | • | • | • | • |
| 17- Ketosteroids, Total | | | | | | | | | | | | | | | | | | | | | |
| 17-Hydroxysteroids, Total | | | | | | | | | | | | | | | | | | | | | |
| 2-hydroxyestrogens (2-OHE) | | | | | | | | | | | | | | | | | | | | | |
| 2-hydroxyestrone (2-OHE1) | • | | | • | | | | | | | | | | | | | | | | | |
| 2-hydroxyestradiol (2-OHE2) | | | | | | | | | | | | | | | | | | | | | |
| 2-methoxyestrone (2-OMeE1) | | | | | | | | | | | | | | | | | | | | | |
| 2-OHE:16α-OHE1 Ratio | • | | | • | | | | | | | | | | | | | | | | | |
| 2-OHE:2-OMeE1 Ratio | | | | | | | | | | | | | | | | | | | | | |
| 4-Methoxyestrone/4-Hydroxyestrone Ratio | | | | | | | | | | | | | | | | | | | | | |
| 4-hydroxyestrone (4-OHE1) | | | | | | | | | | | | | | | | | | | | | |
| 4-methoxyestrone (4-OMeE1) | | | | | | | | | | | | | | | | | | | | | |
| allo-Tetrahydrocortisol, a-THF | | | | | | | | | | | | | | | | | | | | | |
| Anabolic/Catabolic Balance | | | | | | | | | | | | | | | | | | | | | |
| Androstenediol | | | | | | | | | | | | | | | | | | | | | |
| Androsterone | | | | | | | | | | | | | | | | | | | | | |
| Anti-TG | | | • | | | | | | | | | | | | | | | | | | |
| Anti-TPO | | | • | | | | | | | | | | | | | | | | | | |
| Antigliadin IgA | | | | | | | | | | | | | | | | | | | | | |
| Cortisol | | | | | | • | | • | | | • | • | • | | | • | | | | • | • |
| Creatinine | | | | | | | | | | | | | | | | | | | | | |
| DHEA-S | • | • | | | | • | | • | | • | • | • | • | | • | | | | | • | • |
| Dihydrotestosterone (DHT) | | • | | | | | | | | | | | | | | | | | | | |
| Estradiol | • | • | | | | • | • | • | • | • | | • | | | | | | | | • | • |
| Estriol | • | | | | | • | • | | | • | | • | | | | | | | | • | • |
| Estrone | • | | | | | • | • | | | • | | • | | | | | | | | • | • |
| Estrone Sulfate | • | | | | | | | | | | | | | | | | | | | | |
| Etiocholanolone | | | | | | | | | | | | | | | | | | | | | |
| Free androgen index | • | | | | | | | | | | | | | | | | | | | | |
| Melatonin | | | | | | • | | • | | | • | • | | • | | | | | | | |
| Pregnanediol | | | | | | | | | | | | | | | | | | | | | |
| Pregnanetriol | | | | | | | | | | | | | | | | | | | | | |
| Progesterone | • | | | | | • | • | • | • | • | | • | | | | | | | | | |
| Prostate specific antigen (PSA) | | • | | | | | | | | | | | | | | | | | | | |
| Secretory IgA | | | | | | | | | | | | | | | | | | | | | |
| Sex hormone binding globulin | • | • | | | | | | | | | | | | | | | | | | | |
| Somatomedin (IGF-1) | | • | | | • | | | | | | | | | | | | | | | | |
| T3 | | | • | | | | | | | | | | | | | | | | | | |
| T4 | | | • | | | | | | | | | | | | | | | | | | |
| Testosterone, total | • | • | | | | • | • | • | • | • | • | • | | | | | | | | | |
| Tetrahydrocortisol, THF | | | | | | | | | | | | | | | | | | | | | |
| Tetrahydrocortisone, THE | | | | | | | | | | | | | | | | | | | | | |
| Tetrahydrodeoxycortisol | | | | | | | | | | | | | | | | | | | | | |
| TSH | | | • | | | | | | | | | | | | | | | | | | |



GENOMICS TESTING

CardioGenomicPlus® Profile*~

Description:

Evaluates genetic variations, called single nucleotide polymorphisms (SNPs), in genes that modulate blood pressure regulation, lipid balance, nutrient metabolism, inflammation, and oxidative stress.

Specimen Type:

Buccal Swab

TAT:

21 days

Method:

Pyrosequencing

Biomarkers Reported:

| | |
|---------------------------------------------|--------------------|
| AGTR1 (angiotensin II receptor-1) | PAI-1 |
| APOE (Apolipoprotein E) | SELE (selection E) |
| CETP (cholesterol ester transfer protein) | |
| Factor 2 (prothrombin) | |
| Factor 5 (Leiden) | |
| GNB3 (guanine nucleotide-binding protein) | |
| GP3a | |
| MTHFR (methylenetetrahydrofolate reductase) | |



SNPs

| Description | SNPs |
|---------------------------------------------------|----------|
| Cholesterol Regulation and Atherosclerosis | |
| Apolipoprotein E | APOE |
| Cholesteryl ester transfer protein | CETP |
| Selectin E | SELE |
| Methylation | |
| Methylenetetrahydrofolate reductase | MTHFR |
| Hypertension | |
| Guanine nucleotide-binding protein | GNB3 |
| Angiotensin II receptor-1 | AGTR1 |
| Coagulation | |
| Prothrombin | Factor 2 |
| Leiden | Factor 5 |
| Plasminogen activator inhibitor-1 | PAI-1 |
| Glycoprotein 3 | GP3a |

*Not currently available in New York
~Not reimbursable by Medicare

DetoxiGenomic® Profile*~

Description:

Evaluates SNPs associated with increased risk of impaired detoxification capacity especially when exposed to environmental toxins. It also identifies individuals potentially susceptible to adverse drug reactions.

Specimen Type:

Buccal Swab

TAT:

21 days

Method:

Pyrosequencing

Biomarkers Reported:

| | | |
|---------------|-------------|---------------------------|
| COMT V158M | CYP2C9*3 | NAT 2 G286E |
| CYP 1B1 N453S | CYP2D6*3 | NAT 2 I114T |
| CYP1A1*2A | CYP3A4*15 | NAT 2 K268R |
| CYP1A1*2C | CYP3A4*1B | NAT 2 R197Q |
| CYP1B1 L432V | CYP3A4*3 | NAT 2 R64Q |
| CYP2A6*2 | GSTM1 | SOD 1 A4V |
| CYP2C19*2 | GSTP1 | SOD 1 G93A |
| CYP2C19*3 | NAT 1 R187Q | SOD-2 |
| CYP2C9*2 | NAT 1 R64W | (Superoxide dismutase -2) |



SNPs

| Description | SNPs |
|--------------------------------------------------------|---------|
| PHASE I | |
| Cytochrome P-450 | CYP1A1 |
| | CYP1B1 |
| | CYP2A6 |
| | CYP2D6 |
| | CYP2E1 |
| | CYP2C9 |
| | CYP1C19 |
| | CYP3A4 |
| PHASE II: Conjugation of Toxins and Elimination | |
| Methylation | |
| Catechol-O-methyltransferase | COMT |
| Acetylation | |
| N-acetyl transferase | NAT1 |
| | NAT2 |
| Glutathione Conjugation | |
| Glutathione-s transferase | GSTM1 |
| | GSTP1 |
| Oxidative Protection | |
| Superoxide dismutase | SOD1 |
| | SOD2 |

*Not currently available in New York
~Not reimbursable by Medicare

EstroGenomic® Profile*~

Sub Panel Estrogen Metabolism *~

Description:

Evaluates genetic variations, called single nucleotide polymorphisms (SNPs), in genes that modulate estrogen metabolism, coagulation, cardiovascular disease, and osteoporosis.

Specimen Type:

Buccal Swab

TAT:

21 days

Method:

Pyrosequencing

Biomarkers Reported:

| | |
|----------|---------------------------|
| APOE | GSTM1 |
| COMT | GSTP1 |
| CYP1A1 | IL-6 |
| CYP1B1 | MTHFR |
| Factor 2 | PAI-1 |
| Factor 5 | TNF - alpha |
| GP3a | VDR (Vitamin D3 receptor) |



SNPs

| Description | SNPs |
|-----------------------------------------|-------------|
| Estrogen Metabolism | |
| | CYP1A1 |
| | CYP1B1 |
| Catechol-O-methyl transferase M1 and P1 | COMT GST |
| HyperCoagulation | |
| Glycoprotein 3 | GP3a |
| Plasminogen activator inhibitor-1 | PAI-1 |
| Prothrombin | Factor 2 |
| Leiden | Factor 5 |
| Cardiovascular | |
| Apolipoprotein E | APOE |
| C677T & A1298C polymorphisms | MTHFR |
| 308 G-A polymorphism | TNF-α |
| 174 G-C polymorphism | IL-6 |
| Osteoporosis | |
| 308 G-A polymorphism | TNF-α |
| 174 G-C polymorphism | IL-6 |

*Not currently available in New York
~Not reimbursable by Medicare

ImmunoGenomic® Profile*~

Description:

Evaluates genetic variations in genes that modulate immune and inflammatory activity. These variations can affect balance between cell (Th-1) and humoral (Th-2) immunity, trigger potential defects in immune system defense, and stimulate mechanisms underlying chronic, overactive inflammatory responses.

Specimen Type:

Buccal Swab

TAT:

21 days

Method:

Pyrosequencing

Biomarkers Reported:

- IL-10 (interleukin - 10)
- IL-13 (interleukin - 13)
- IL-1B (interleukin - 1 beta)
- IL-4 (interleukin -4)
- IL-6 (interleukin - 6)
- TNF - alpha (tumor necrosis factor - alpha)



SNPs

| Description | SNPs |
|------------------------------------------------------|-------|
| Chronic Inflammation | |
| Interleukin-1beta | IL-1β |
| Th-1 Cytokines (Viral Infection & Cancer) | |
| Tumor necrosis factor-α | TNF-α |
| Th-2 Cytokines (Allergy, Asthma, and Atopy) | |
| Interleukin-4 | IL-4 |
| Interleukin-6 | IL-6 |
| Interleukin-10 | IL-10 |
| Interleukin-13 | IL-13 |

*Not currently available in New York
~Not reimbursable by Medicare

NeuroGenomic® Profile*~

Description:

Evaluates single nucleotide polymorphisms (SNPs) in genes that modulate methylation, glutathione conjugation, oxidative protection and the potential to evaluate vascular oxidation.

Specimen Type:

Buccal Swab

TAT:

21 days

Method:

Invader

Biomarkers Reported:

- GSTM1 (Glutathione-s transferase, M, isoform)
- GSTP1 (Glutathione-s transferase, P, isoform)
- MTHFR (methylenetetrahydrofolate reductase)
- SOD-2 (Superoxide dismutase -2)



SNPs

| Description | SNP |
|---------------------------------------|-------|
| Methylation | |
| Methylenetetrahydrofolate reductase | MTHFR |
| | COMT |
| Detoxification | |
| Glutathione-s transferase, M, isoform | GSTM |
| Glutathione-s transferase, P, isoform | GSTP |
| Oxidative Protection | |
| Superoxide dismutase -2 | SOD-2 |

*Not currently available in New York
~Not reimbursable by Medicare

Genovations® A la carte SNPs*~

Description:

The following SNPs are available for individual ordering. There is a base price for ordering any SNP listed below plus the cost of each individual SNP ordered.

Specimen Type:

Buccal Swab

TAT:

21 days

Method:

Invader

Biomarkers Reported:

- | | |
|-----------------------|---------------------------------|
| GSTP1 (I104V + A113V) | VDR |
| COMT (V158M) | MTHFR (C677T) |
| SOD2 (A16V) | MTHFR Combined (A1298C + C677T) |
| GSTM1 | APO E (C112R + R158C) |
| IL-10 | CETP (TAQ1B + D422G + R5AI) |
| TNFA | PAI-1 |
| IL-6 | GP3a |
| IL-1B | |



Description

- GSTP1 (I104V + A113V)
- COMT (V158M)
- SOD2 (A16V)
- GSTM1
- IL-10
- TNFA
- IL-6
- IL-1B
- VDR
- MTHFR (C677T)
- MTHFR Combined (A1298C + C677T)
- APO E (C112R + R158C)
- CETP (TAQ1 + D422G + R5AI)
- PAI-1
- GP3a

*Not currently available in New York
~Not reimbursable by Medicare

Genomic Profiles Biomarkers Comparison Table

| Biomarkers | CARDIO* | ESTRO* | IMMUNO* | DETOX* | NEURO* |
|-----------------------------------------------|----------------|---------------|----------------|---------------|---------------|
| *Not Available in New York | | | | | |
| ApoE (apolipoprotein E) | • | • | | | |
| CETP (cholesteryl ester transfer protein) | • | | | | |
| SELE (selectin E) | • | | | | |
| MTHFR (methylenetetrahydrofolate reductase) | • | • | | | • |
| GNB3 (guanine nucleotide-binding protein) | • | | | | |
| AGTR1 (angiotensin II receptor-1) | • | | | | |
| Factor 2 (prothrombin) | • | • | | | |
| Factor 5 (Leiden) | • | • | | | |
| PAI-1 (Plasminogen activator inhibitor-1) | • | • | | | |
| GP3a (Glycoprotein 3) | • | • | | | |
| COMT (catechol-O-methyltransferase) | | • | | • | • |
| TNF-α (tumor necrosis factor-α) | | • | • | | |
| IL-1β (interleukin-1beta) | | | • | | |
| IL-4 (interleukin-4) | | | • | | |
| IL-6 (interleukin-6) | | • | • | | |
| IL-10 (interleukin-10) | | | • | | |
| IL-13 (interleukin-13) | | | • | | |
| CYP1A1 (Cytochrome P-450) | | • | | • | |
| CYP2A6 (Cytochrome P-450) | | | | • | |
| CYP2C19 (Cytochrome P-450) | | | | • | |
| CYP1B1 (Cytochrome P-450) | | • | | • | |
| CYP2D6 (Cytochrome P-450) | | | | • | |
| CYP2C9 (Cytochrome P-450) | | | | • | |
| CYP3A4 (Cytochrome P-450) | | | | • | |
| NAT1 (N-acetyl transferase -1) | | | | • | |
| NAT2 (N-acetyl transferase -2) | | | | • | |
| GSTM1 (Glutathione-s transferase, M, isoform) | | • | | • | • |
| GSTP1 (Glutathione-s transferase, P, isoform) | | • | | • | • |
| SOD1 (superoxide dismutase -1) | | | | • | |
| SOD2 (superoxide dismutase -2) | | | | • | • |

ENVIRONMENTAL



ENVIRONMENTAL TESTING

1765 Toxic Effects CORE (Chemical Occurrence & Related Exposure)*‡

Description:

The Toxic Effects CORE profile evaluates exposures to the six most common classes of toxic chemicals that are widespread in the environment and – within each class – the measurement of the individual compounds that are most frequently found to be problematic. This comprehensive screening profile for Toxic Body Burden allows the clinician to customize therapeutic interventions and efficiently modify therapies as toxicity levels respond.

Specimen Type:

Serum/Whole Blood/Urine

TAT:

10 - 14 days

Method:

LC-MS-MS, Tandem Mass Spectrometry, Gas Chromatography/Mass Spectrometry

Biomarkers Reported:

See Page 96 - 97

Toxic Effects



CPTs

| Description | CPT # |
|--------------------------|-------|
| Cholesterol | 82465 |
| Chlorinated Hydrocarbons | 82441 |
| Triglycerides | 84478 |
| Volatiles | 84600 |
| Bisphenol A | 82542 |
| Organophosphates | 82542 |
| Phthalates and Parabens | 83789 |
| Creatinine | 82570 |

*Not currently available in New York
‡ABN Required

0060 Porphyrins Profile*‡

Description:

The Porphyrins Profile evaluates the biomarkers of toxicity. Patterns of specific porphyrin elevations in urine may serve as functional markers of toxicity from toxic metals, such as mercury, lead, or arsenic, or other organic chemicals. The Porphyrins Profile measures seven porphyrins, total porphyrins, and two ratios to help you differentiate heavy metal toxicity, as well as monitor therapy in your patient.

Specimen Type:

Urine

TAT:

10 - 14 days

Method:

LC-MS-MS

Biomarkers Reported:

See Page 96 - 97

Porphyrins

ENVIRONMENTAL

CPTs

| Description | CPT # |
|-------------|-------|
| Porphyrin | 84120 |
| Creatinine | 82570 |

*Not currently available in New York
‡ABN Required

0760 Chlorinated Pesticides Profile*‡

Description:

Chlorinated pesticides do not degrade well and are persistent in our environment. These poisons store in adipose tissues and bioaccumulate over a patient’s lifetime. Chlorinated pesticides can cause a range of illnesses from allergies and asthma to cardiovascular disease and cancer. The Chlorinated Pesticides Profile helps determine a patient’s exposure to these toxins, which can assist with treatment planning and to help achieve patient wellness.

Specimen Type:

Serum/Whole Blood

TAT:

10 - 14 days

Method:

Gas Chromatography/Mass Spectrometry

Biomarkers Reported:

See Page 96 - 97

Chlorinated Pesticides

ENVIRONMENTAL

CPTs

| Description | CPT # |
|--------------------------|-------|
| Cholesterol | 82465 |
| Chlorinated Hydrocarbons | 82441 |
| Triglycerides | 84478 |

*Not currently available in New York
‡ABN Required

0761 Polychlorinated Biphenyls (PCBs) Profile*‡

Description:

The PCBs Profile measures nine common PCBs that are shown to cause health problems with neurobehavioral and immune system development. Such problems may include psychomotor and behavioral problems, allergies, obesity, fatigue, and even some cancers. PCBs are stored in fatty tissues and bioaccumulate over a patient’s lifetime.

Specimen Type:

Serum

TAT:

7 - 10 days

Method:

Gas Chromatography/Mass Spectrometry

Biomarkers Reported:

See Page 96 - 97

PCBs

ENVIRONMENTAL

CPTs

| Description | CPT # |
|--------------------------|-------|
| Cholesterol | 82465 |
| Chlorinated Hydrocarbons | 82441 |
| Triglycerides | 84478 |

*Not currently available in New York
‡ABN Required

0762 Volatile Solvents Profile*‡

Description:

Volatile solvents may cause symptoms ranging from blood disorders to muscular weakness and atrophy. These toxins may also be the underlying cause of many illnesses such as diabetes, fibromyalgia, brain fog, and mood disorders, to name a few. The Volatile Solvents Profile measures exposure to common volatile solvents in our working and living environments. Awareness of toxicity from volatile solvents can assist in treatment planning to help achieve wellness.

Specimen Type:

Whole Blood

TAT:

7 - 10 days

Method:

Gas Chromatography/Mass Spectrometry

Biomarkers Reported:

See Page 96 - 97

Volatile Solvents

ENVIRONMENTAL

CPTs

Description

Volatiles

CPT #

84600

*Not currently available in New York

‡ABN Required

0740 Phthalates & Parabens Profile*‡

Description:

Phthalates and parabens are known as xenoestrogens, which bind to estrogen receptors and disrupt the endocrine system. Knowing a patient’s body burden of phthalates and parabens can assist in creating treatment plans to help achieve patient wellness.

Specimen Type:

Urine

TAT:

10 - 14 days

Method:

LC-MS-MS, Tandem Mass Spectrometry

Biomarkers Reported:

See Page 96 - 97

Phthalates & Parabens

ENVIRONMENTAL

CPTs

Description

Phthalates and Parabens

Creatinine

CPT #

83789

82570

*Not currently available in New York

‡ABN Required

0763 Organophosphates Profile*‡

Description:

The Organophosphates Profile measures six dialkyl phosphates from a simple urine sample and indicates exposure levels to organophosphate pesticides and insecticides. These toxins may be an underlying cause of health issues including neurodevelopment and immune system disorders, ADD/ADHD, impaired memory, mood disorders, and increased risk of Alzheimer’s disease and cancer. Awareness of toxicity can assist in treatment planning to help achieve wellness goals.

Specimen Type:

Urine

TAT:

14 days

Method:

Gas Chromatography/Mass Spectrometry

Biomarkers Reported:

See Page 96 - 97

Organophosphates

ENVIRONMENTAL

CPTs

| Description | CPT # |
|------------------|-------|
| Organophosphates | 82542 |
| Creatinine | 82570 |

*Not currently available in New York

‡ABN Required

0764 Bisphenol A (BPA) Profile*‡

Description:

The Bisphenol A Profile determines exposure to bisphenol A, triclosan, and 4-nonylphenol which are considered endocrine disruptors and are found in many of the products we use every day. Exposure to endocrine disruptors may play a role in obesity, adult onset diabetes, hormonal and neurological development disorders, and thyroid disruption. Awareness of toxicity can assist in treatment planning to help achieve wellness. This easy-to-use profile consists of a simple urine collection.

Specimen Type:

Urine

TAT:

14 days

Method:

Gas Chromatography/Mass Spectrometry

Biomarkers Reported:

See Page 96 - 97

Bisphenol A

ENVIRONMENTAL

CPTs

| Description | CPT # |
|-------------|-------|
| Bisphenol A | 82542 |
| Creatinine | 82570 |

*Not currently available in New York

‡ABN Required

Toxic Effects Combination Profiles

1760 Combo Profile: Chlorinated Pesticides and PCBs
(includes 0760 and 0761)*‡

1761 Combo Profile: Chlorinated Pesticides, PCBs, Volatile Solvents
(includes 0760, 0761, 0762)*‡

1763 Combo Profile: BPA, Phthalates & Parabens, Organophosphates
(includes 0740, 0763, 0764)*‡

1764 Combo Profile: BPA and Phthalates & Parabens
(includes 0740 and 0764)*‡

See Individual Profiles for TATs, Methodologies, and Biomarkers

Toxic Effects profiles.

CPTs

| Description | CPT # |
|--------------------------------|-------|
| 1760 | |
| Cholesterol | 82465 |
| Chlorinated Hydrocarbons | 82441 |
| Triglycerides | 84478 |
| for 1761 | |
| Cholesterol | 82465 |
| Chlorinated Hydrocarbons | 82441 |
| Triglycerides | 84478 |
| Volatiles | 84600 |
| for 1763 | |
| Bisphenol A & Organophosphates | 82542 |
| Phthalates and Parabens | 83789 |
| Creatinine | 82570 |
| for 1764 | |
| Bisphenol A | 82542 |
| Phthalates and Parabens | 83789 |
| Creatinine | 82570 |

*Not currently available in New York

*Not currently available in New York

‡ABN Required

| Environmental Profiles Biomarkers Comparison Table | #1675 CORE* | #0060 Porp* | #0740 PP* | #0760 CP* | #0761 PCB* | #0762 VS* | #0763 OP* | #0764 BPA* | #1760 CP/PCB* | #1761 CP/PCB/VS* | #1763 BPA/PP/OP* | #1764 BPA/PP* |
|----------------------------------------------------|-------------|-------------|-----------|-----------|------------|-----------|-----------|------------|---------------|------------------|------------------|---------------|
| *Not Available in New York | | | | | | | | | | | | |
| 0060 Porphyrins | | | | | | | | | | | | |
| Uroporphyrin I and III | | • | | | | | | | | | | |
| Heptacarboxyporphyrin | | • | | | | | | | | | | |
| Hexacarboxyporphyrin | | • | | | | | | | | | | |
| Pentacarboxyporphyrin | | • | | | | | | | | | | |
| Precoproporphyrin | | • | | | | | | | | | | |
| Coproporphyrin I | | • | | | | | | | | | | |
| Coproporphyrin III | | • | | | | | | | | | | |
| Total porphyrins | | • | | | | | | | | | | |
| Pre/Uro I & III Ratio | | • | | | | | | | | | | |
| Copro I/Copro III Ratio | | • | | | | | | | | | | |
| #0740 Phthalates and Parabens | | | | | | | | | | | | |
| Mono-ethyl phthalate (MEtP) | • | | • | | | | | | | | • | • |
| Mono-2-ethylhexyl phthalate (MEHP) | • | | • | | | | | | | | • | • |
| Mono-(2-ethyl-5-hydroxyhexyl) phthalate (MEHHP) | • | | • | | | | | | | | • | • |
| Mono-(2-ethyl-5-oxohexyl) phthalate (MEOHP) | • | | • | | | | | | | | • | • |
| Methylparaben | • | | • | | | | | | | | • | • |
| Ethylparaben | • | | • | | | | | | | | • | • |
| Propylparaben | • | | • | | | | | | | | • | • |
| Butylparaben | • | | • | | | | | | | | • | • |

| Environmental Profiles Biomarkers Comparison Table | #1675 CORE* | #0060 Porp* | #0740 PP* | #0760 CP* | #0761 PCB* | #0762 VS* | #0763 OP* | #0764 BPA* | #1760 CP/PCB* | #1761 CP/PCB/VS* | #1763 BPA/PP/OP* | #1764 BPA/PP* |
|----------------------------------------------------|-------------|-------------|-----------|-----------|------------|-----------|-----------|------------|---------------|------------------|------------------|---------------|
| *Not Available in New York | | | | | | | | | | | | |
| 0760 Chlorinated Pesticides | | | | | | | | | | | | |
| Hexachlorobenzene (HCB) | • | | | • | | | | | • | • | | |
| Heptachlor Epoxide | • | | | • | | | | | • | • | | |
| Oxychlorane | • | | | • | | | | | • | • | | |
| trans-Nonachlor | • | | | • | | | | | • | • | | |
| DDE | • | | | • | | | | | • | • | | |
| DDT | • | | | • | | | | | • | • | | |
| Dieldrin | • | | | • | | | | | • | • | | |
| Mirex | • | | | • | | | | | • | • | | |
| Endosulfan Sulfate | • | | | • | | | | | • | • | | |
| Cholesterol | | | | • | • | | | | • | • | | |
| Triglycerides | | | | • | • | | | | • | • | | |
| Total Lipids | | | | • | • | | | | • | • | | |
| 0761 PCBs | | | | | | | | | | | | |
| Dioxin-like Polychlorinated Biphenyls | | | | | | | | | | | | |
| 2,3,4,4',5-Pentachlorobiphenyl (PCB 118) | • | | | | • | | | | • | • | | |
| 3,3',4,4',5-Pentachlorobiphenyl (PCB 126) | • | | | | • | | | | • | • | | |
| 2,3,3',4,4',5-Hexachlorobiphenyl (PCB 156) | • | | | | • | | | | • | • | | |
| 3,3',4,4',5,5'-Hexachlorobiphenyl (PCB 169) | • | | | | • | | | | • | • | | |
| 3,3',4,4'-Tetrachlorobiphenyl (PCB 77) | • | | | | • | | | | • | • | | |
| Non-dioxin-like Polychlorinated Biphenyls | | | | | | | | | | | | |
| 2,4,4',5-Tetrachlorobiphenyl (PCB 74) | • | | | | • | | | | • | • | | |
| 2,2',4,4',5,5'-Hexachlorobiphenyl (PCB 153) | • | | | | • | | | | • | • | | |
| 2,2',3,4,4',5,5'-Heptachlorobiphenyl (PCB 180) | • | | | | • | | | | • | • | | |
| Cholesterol | | | | • | • | | | | • | • | | |
| Triglycerides | | | | • | • | | | | • | • | | |
| Total Lipids | | | | • | • | | | | • | • | | |
| 0762 Volatile Solvents | | | | | | | | | | | | |
| Benzene | • | | | | | • | | | | • | | |
| Ethylbenzene | • | | | | | • | | | | • | | |
| Iso-octane | • | | | | | • | | | | • | | |
| m,p-Xylene | • | | | | | • | | | | • | | |
| o-Xylene | • | | | | | • | | | | • | | |
| Styrene | • | | | | | • | | | | • | | |
| Toulene | • | | | | | • | | | | • | | |
| Hexane | • | | | | | • | | | | • | | |
| 2-methylpentane | • | | | | | • | | | | • | | |
| 3-methylpentane | • | | | | | • | | | | • | | |
| 0763 Organophosphates | | | | | | | | | | | | |
| Atrazine | • | | | | | | • | | | | • | |
| Dimethylthiophosphate (DMTP) | • | | | | | | • | | | | • | |
| Dimethyldithiophosphate (DMDTP) | • | | | | | | • | | | | • | |
| Atrazine Marcapturate | • | | | | | | • | | | | • | |
| Diethylthiophosphate (DETP) | • | | | | | | • | | | | • | |
| Diethyldithiophosphate (DEDTP) | • | | | | | | • | | | | • | |
| 0764 Bisphenol A (BPA) | | | | | | | | | | | | |
| Bisphenol A | • | | | | | | | • | | | • | • |
| Triclosan | • | | | | | | | • | | | • | • |
| 4-Nonylphenol | • | | | | | | | • | | | • | • |

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KEY

- * Not currently available in New York
- ~ Not reimbursable by Medicare
- ‡ ABN required
- ° Not available in Ohio

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ASHEVILLE • ATLANTA • LONDON

63 Zillicoa Street • Asheville NC 28801 • 800.522.4762 • www.gdx.net

